

567dance!!!

拍數: 32
編舞者: Chris Brocklesby (NZ)
音樂: Unknown

牆數: 2

級數: Improver line/contra dance



TOUCH RIGHT & LEFT, HEEL JACK BACK TURNING ¼ RIGHT, TOGETHER TWICE

- 1&2 Touch right toe to right side; step right together; touch left to left side.
3&4 Jump back on to left heel turning ¼ right touch right heel forward; step forward on to right foot; step left together.
5-8 Repeat 1-4

SWIVEL TOES OUT, TOGETHER,(TURNING ¼) SWIVEL TOES OUT & OUT (TRAVELING LEFT)

- 9 Swivel left toe to left side, swivel right heel to left side, (turning 45 degrees left)
10 Swivel left heel to left side, swivel right toe to left side, (turning 45 degrees left)
11&12 Swivel left toe to left side, swivel right heel to left side; swivel left heel to left side, swivel right toe to left side; swivel left toe to left side, swivel right heel to left side. (traveling left)

SWIVEL TOES OUT, TOGETHER,(TRAVELING RIGHT) SWIVEL TOES OUT & OUT (TRAVELING RIGHT)

- 13-14 Swivel right toe to right side, swivel left heel to right side, swivel right heel to right side, swivel left toe to right side. (traveling right)
15&16 Swivel right toe to right side, swivel left heel to right side, swivel right heel to right side, swivel left toe to right side; swivel right toe to right side, swivel left heel to right side. (traveling right)

STEP FD RIGHT, PIVOT ½ LEFT, HITCH & STEP, HITCH & STEP, STEP FD RIGHT, PIVOT ¼ LEFT

- 17-18 Step fd on to right; pivot ½ left.
19&20 Hitch right knee over left leg; step right to right side; step left together.
21&22 Hitch right knee over left leg; step right to right side; step left together.
23-24 Step fd on to right; pivot ¼ left.

4X CHUGS TO RIGHT SIDE (TRAVELING RIGHT) 4X PIVOT CHUGS TURN LEFT.

- 25& Swivel left toe to right side, hitching right knee over left; swivel left heel to right side, touching right toe to right side.
26& Swivel left toe to right side, hitching right knee over left; swivel left heel to right side, touching right toe to right side.
27& Swivel left toe to right side, hitching right knee over left; swivel left heel to right side, touching right toe to right side.
28 Swivel left toe to right side, hitching right knee over left.
29 Turn ¼ on the ball of left foot, touching right toe to right side.
30 Turn ¼ on the ball of left foot, touching right toe to right side.
31 Turn ¼ on the ball of left foot, touching right toe to right side.
32 Turn ¼ on the ball of left foot, touching right toe beside left.

REPEAT

On beats 9-10 you are turn 45 degrees left (in two beats). Counts 29 to 32 wave right fist in the air and yell 5678.