

# 5789

拍數: 32      牆數: 4      級數: Beginner east coast swing  
編舞者: Val McDonald  
音樂: 634-5789 (that's My #) - Scooter Lee



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## FORWARD SHUFFLES; ROCK RECOVER; ½ TURN RIGHT FORWARD SHUFFLE

1&2      Shuffle forward right, left, right  
3&4      Shuffle forward left, right, left  
5-6      Rock forward right, recover left  
7&8      Turning ½ right, forward shuffle right, left, right

## FORWARD SHUFFLES; ROCK RECOVER; ½ TURN LEFT FORWARD SHUFFLE

1&2      Shuffle forward left, right, left  
3&4      Shuffle forward right, left, right  
5-6      Rock forward left, recover right  
7&8      Turning ½ left, forward shuffle left, right, left

## STEP KICKS; JAZZ BOX TURNING ¼ RIGHT

1-2      Step right, kick left  
3-4      Step left, kick right  
5-8      Step (drop) right over left, step back left, step right turning ¼ right, step left next to right

## TOE FORWARD AND HEELS; KICK BALL CHANGE (2)

1-4      With weight remaining on left, right toe touch forward, three heel drops right (with attitude)  
5&6      Kick right forward, step right and left in place  
7&8      Kick right forward, step right and left in place

**REPEAT**

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