

5 O'clock Something

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Robert DeLong (USA)
音樂: It's Five O'Clock Somewhere - Alan Jackson & Jimmy Buffett



WALK, WALK, & OUT & CROSS, HEEL BOUNCES, SIDE ROCK-RECOVER

- 1-2 Step forward right foot, step forward left foot
- &3 Step right foot out to right side, step left foot out to left side
- &4 Step right foot next to left foot, cross step left foot over right foot
- 5-6 With weight on balls of feet lift and drop heels 2x
- 7-8 Side rock right foot to right side, recover weight to left foot

CROSS ROCK-RECOVER, SIDE ROCK RECOVER, ¼ TURN JAZZ BOX

- 1-2 Cross rock right foot over left foot, recover weight to left foot
- 3-4 Rock right foot to right side, recover weight to left foot
- 5-6-7-8 Cross right over left, step back on left while turning ¼ turn right, step right to right side, cross left foot over right foot

VINE RIGHT, SIDE ROCK-RECOVER, WEAVE LEFT

- 1-2 Step right foot to right side. Cross step left foot behind right foot
- 3-4 Rock right foot to right side, recover weight to left foot
- 5-6-7-8 Cross right foot over left foot, step left foot to left side, cross right foot behind left foot, step left foot to left side

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, SHUFFLE FORWARD LEFT-RIGHT-LEFT, STEP PIVOT ½ TURN LEFT, STEP PIVOT ½ TURN LEFT

- 1&2 Step forward right foot, step left foot next to right foot, step forward right foot
- 3&4 Step forward left foot, step right foot next to left foot, step forward left foot
- 5-6 Step forward right foot, pivot ½ turn left
- 7-8 Step forward right foot, pivot ½ turn left

REPEAT
