

Five And Dime Boogie

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Charles Thornhill (UK) & Ruth Douglas (UK)
音樂: Cotton County Queen - Sammy Kershaw



SLOW "STREETWISE" RUNNING MAN

- 1 Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
- 2 Jump feet together hitching left knee
- 3 Jump feet shoulder width apart at diagonals (left foot forward, right foot back)
- 4 Jump feet together hitching right knee

STOMP, STOMP, KICK, KICK

- 5 Stomp right
- 6 Stomp right
- 7 Kick right
- 8 Kick right

SHUFFLE RIGHT, FULL TURN

- 9 Step right to right
- & Step left next to right
- 10 Step right to right
- 11 Cross left over right
- 12 Unwind full turn to the right

SHUFFLE LEFT, ¾ TURN

- 13 Step left to left
- & Step right next to left
- 14 Step left to left
- 15 Cross right over left
- 16 Unwind ¾ turn to the left

SHUFFLE FORWARD, ROCK

- 17 Step right forward
- & Step left behind right
- 18 Step right forward
- 19 Rock forward onto left
- 20 Rock back onto right

STEP BACK, TURN, STEP, TURN

- 21 Step back on ball of left
- 22 Pivot ½ turn to the left
- 23 Step forward on ball of right
- 24 Pivot ½ turn to the left

SHUFFLE BACK, ROCK

- 25 Step left backward
- & Step right in front of left
- 26 Step left backward
- 27 Rock back onto right
- 28 Rock forward onto left

KICK-BALL, HEEL-BALL, STEP, TURN

29 Kick right forward
& Step right next to left
30 Tap left heel forward
& Step left next to right
31 Step right forward
32 Pivot ½ turn to the left
& Step weight onto left

REPEAT

VARIATIONS:

HEEL TAPS

1 Tap right heel forward
2 Step right next to left
3 Tap left heel forward
4 Step left next to right

BACKWARD TOE STRUTS

21 Step left toe back, heel up
22 Step left heel down
23 Step right toe back, heel up
24 Step right heel down
