

# 5.Am

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Sharon Dalton (UK)  
音樂: Wrong Five O'Clock - Eric Heatherly



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## STEP RIGHT, TAP LEFT, STEP LEFT, TAP RIGHT, RIGHT SIDE CHASSE, ROCK BACK ON LEFT, RECOVER

1-2            Step right to right side, tap left next to right  
3-4            Step left to left side, tap right next to left  
5&6           Step right to right side, close left next to right, step right to right side  
7-8            Rock back on left, recover forward on right

## LEFT SIDE CHASSE, ROCK BACK ON RIGHT, RECOVER, STEP RIGHT, TAP LEFT, STEP LEFT, TAP RIGHT

9&10           Step left to left side, close right next to left, step left to left side  
11-12          Rock back on right, recover forward on left  
13-14          Step right to right side, tap left next to right  
15-16          Step left to left side, tap right next to left

## STEP RIGHT FORWARD, HOLD, STEP LEFT ¼ TURN LEFT, HOLD, KICK, KICK JUMP OUT, OUT CLAP

17-18           Step forward right, hold and clap  
19-20           ¼ turn left as you step in place with left, hold and clap  
21-22           Kick right foot forward twice  
23&24          Jump both feet out landing right, left and clap

## HIP BUMPS LEFT, LEFT, RIGHT, RIGHT, HEEL SWIVELS LEFT, RIGHT, LEFT, CENTER

25-26           Bump hips left twice  
27-28           Bump hips right twice  
29-32           Swivel both feet, heels left, right, left, center - as you do this ease the right foot over towards the left

**REPEAT**

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