

Fish Fry

拍數: 64 牆數: 4 級數:
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音樂: Bigger Fish to Fry - Boy Howdy



CROSS STEP HEEL/TOE STRUT - RIGHT, LEFT, RIGHT, LEFT:

- 1 Step across left leg onto heel of right foot
- 2 Bring right toes down
- 3 Step across right leg onto heel of left foot
- 4 Bring left toes down
- 5 Step across left leg onto heel of right foot
- 6 Bring right toes down
- 7 Step across right leg onto heel of left foot
- 8 Bring left toes down

VINE RIGHT THEN LEFT WITH CROSS STEP TOE TOUCH:

- 1 Step to right on right
- 2 Cross step left behind right
- 3 Step to right on right
- 4 Cross step left in front of right touching left toe outside of right foot
- 5 Step to left on left
- 6 Cross step right behind left
- 7 Step to left on left
- 8 Cross step right in front of left touching right toe outside of left foot

½ TURN PIVOTS/SAILOR STEPS:

- 1 Step forward on right
- 2 Pivoting a ½ turn to the left
- 3 Step forward on right
- 4 Pivoting a ½ turn to the left
- 5 Rock step back on right behind left
- & Rock forward on left foot
- 6 Step to right side with right foot
- 7 Rock step back left behind right
- & Rock forward on right foot
- 8 Step to left side with left foot

TRAVELING VINE:

- 1 Step to right on right
- 2 Cross step left behind right
- 3 Step to right on right
- 4 Cross step left over right
- 5 Step to right on right
- 6 Cross step left behind right
- 7 Step to right on right
- 8 Place left next to right

KICKS

- 1 Kick right leg to right side,
- 2 Cross step right over left
- 3 Kick left leg to left side,

- 4 Cross step left over right
- 5 Kick right leg to right side,
- 6 Cross step right over left
- 7 Kick left leg to left side,
- 8 Cross step left over right

STEP BACK, HITCH LEFT, SHUFFLE LEFT THEN RIGHT:

- 1 Step back on right
- 2 Step back on left
- 3 Step back on right
- 4 Hitch left knee forward while scooting forward on right foot
- 5&6 Shuffle forward on left
- 7&8 Shuffle forward on right

½ & ¼ TURNS RIGHT, SAILOR STEPS:

- 1 Step forward on left,
- 2 Pivoting a ½ turn to the right
- 3 Step forward on left,
- 4 Pivoting a ¼ turn to the right
- 5 Rock step back on left behind right
- & Rock forward on right foot
- 6 Step to left side with left foot
- 7 Rock step back right behind left
- & Rock forward on left foot
- 8 Touch right next to left foot

KICK BALL CHANGE RIGHT, STEP/SLIDE RIGHT, RIGHT/KICK BALL CHANGE RIGHT:

- 1 Kick forward with right foot
- & Step on ball of right
- 2 Step and place weight on left foot
- 3 Step forward on right,
- 4 Slide left to right heel
- 5 Step forward on right,
- 6 Touch left next to right
- 7 Kick forward with right foot
- & Step on ball of right
- 8 Step and place weight on left foot

REPEAT
