

First Step

拍數: 36 牆數: 4 級數: Intermediate
編舞者: Glennys Croston (UK)
音樂: Should Have Watched That First Step - George Strait



STEP LOCK, STEP LOCK STEP, ROCK RECOVER, HALF TURN LEFT, FORWARD STEP LOCK STEP

1-2 Step forward on right foot, lock left behind right
3&4 Step forward on right foot lock left behind right, step forward on right foot
5-6 Rock forward on left foot recover weight on right
7&8 Make a half turn left, forward on left, lock right behind, forward on left

STEP HALF TURN LEFT, FORWARD STEP LOCK STEP, CROSS UNWIND THREE QUARTER TURN RIGHT, LEFT CHASSE

9-10 Step forward on right foot make half turn left, weight on left foot
11&12 Step forward on right foot lock left behind, step forward on right
13-14 Cross left foot over right unwind three quarter turn right
15&16 Left chasse on a side close side

KICK, KICK, BEHIND TURN STEP, QUARTER TURN LEFT, TOUCH UNWIND, DIAGONAL FORWARD STEP LOCK STEP

17-18 Kick right foot forward and side
19&20 Step right foot behind left, turn quarter turn left stepping on left foot, step right foot forward
21-22 Touch left toe behind right foot unwind half turn left
23&24 Step forward diagonal to right on right foot, lock left behind, step forward on right

CROSS ROCK, LEFT CHASSE, CROSS ROCK SAILOR STEP, QUARTER TURN RIGHT

25-26 Cross rock left over right recover on right
27&28 Left chasse on a side close side
29-30 Cross rock right over left recover on left
31&32 Right sailor step with a quarter turn right

STEP HALF TURN RIGHT, FORWARD STEP LOCK STEP

33-34 Step forward on left foot make a half turn right, weight on right foot
35&36 Step forward on left foot lock right behind, step forward on left foot

REPEAT
