

First Shot

拍數: 48 牆數: 2 級數:
編舞者: Speedo (USA)
音樂: Wiped A Tear - Kate & Grant Hart



2-RIGHT KICK BALL CHANGES, FUNKY VINE

- 1&2 Kick right foot forward & step right foot next to left foot-step left foot in place
- 3&4 Kick right foot forward & step right foot next to left foot-step left foot in place
- 5-6 Step right foot to right side-step left foot behind right foot
- &7-8& Step right foot next to left foot-step left foot to left side-step right foot next to left foot & clap

FORWARD SHUFFLES, ROCK STEP, FULL TURN LEFT

- 1&2 Left forward shuffle (left-right-left)
- 3&4 Right forward shuffle (right-left-right)
- 5-6 Rock step left foot forward; rock step right foot back on ball of right foot turn ½ turn to the left step left foot forward (facing 6 o'clock)
- 7-8 Continuing left turn ½ turn stepping back on right foot finishing full turn (12 o'clock)

SAILOR SHUFFLES, STOMP, KICK, UNWIND

- 1&2 Step left foot behind right foot & step right foot next to left foot-step left foot to left slightly forward
- 3&4 Step right foot behind left foot & step left foot next to right foot-step right foot to right slightly forward
- 5-6 Stomp up left foot, kick left foot forward
- 7-8 Step cross left foot over right foot; unwind ½ turn to right on balls of both feet (weight remains on right) (facing 6 o'clock)

SYNCOPATED TOUCHES, HEEL JACKS

- 1&2& Touch left heel forward & step left foot home-touch right heel forward & step right foot home
- 3&4& Touch left toe to left & step left foot home-touch right toe to right & step right foot back & to side of left foot
- 5&6& Touch left heel forward & step left foot home-touch right toe next to left foot instep & step right foot back
- 7&8 Touch left heel forward & step left foot home-touch right toe next to left foot instep

RIGHT SIDE SHUFFLE, CROSS UNWIND, FORWARD SHUFFLE, ROCK STEP

- 1&2 Step right foot to right & step left foot next to right foot-step right foot to right cross left foot behind & next to right foot-unwind turning ¾ turn
- 3-4 Left turn (weight ends on left) (facing 9 o'clock on original wall)
- 5&6 Shuffle forward right, left, right
- 7-8 Rock step forward left foot-rock step back on right foot

LEFT SHUFFLE BACK, TOUCH PIVOT, ROCK STEP, COASTER TURN

- 1&2 Left back shuffle (left-right-left)
- 3-4 Touch right toe behind left foot-pivot ½ turn right on ball of right foot (facing 3 o'clock of original wall)
- 5-6 Rock step left foot forward, step back on right foot
- 7&8 Step left foot back & step right foot back making ¼ turn right (6 o'clock)- step left foot forward

REPEAT