First Love

拍數: 48

級數: Intermediate

編舞者: Ian Grey (UK)

音樂: Love At First Dance - Ronnie McDowell

STEP, TOUCH, STEP TOUCH. ROCK FORWARD, BACK, BACK, FORWARD

- 1-2 Step left forward (diagonally to left), touch right next to left
- 3-4 Step right forward (diagonally to right), step left next to right
- 5-6 Rock forward on right, rock back on left
- 7-8 Rock back on right, rock forward on left

STEP, PIVOT ½ TURN, STEP, PIVOT ¼ TURN

- 9-10 Step forward on right, pivot half turn to left
- 11-12 Step forward on right, pivot quarter turn to left

SHIMMY TWICE

- 13-16 Step right diagonally forward to right, close left to right over 3 beats with a shimmy
- 17-20 Step left diagonally forward to left, close right to left over 3 beats with a shimmy

BACKWARDS TOE STRUTS WITH FINGER SNAPS ON EVEN BEATS

- 21-22 Touch right toe backwards, lower heel raising right hand and snapping fingers
- 23-24 Touch left toe backwards, lower heel raising left hand and snapping fingers
- 25-26 Touch right toe backwards, lower heel raising right hand and snapping fingers
- 27-28 Touch left toe backwards, lower heel raising left hand and snapping fingers

STEP, STEP, SHUFFLE. STEP, STEP, STEP WITH HITCH, STOMP

- 29-30 Step forward on left, step forward on right
- 31&32 Step forward on left, bring right foot up to left, step left forward
- 33-34 Step forward on right, step forward on left
- 35-36 Scoot left forward, while hitching right, stomp right next to left

GRAPEVINE, 1/2 TURN WITH HITCH. GRAPEVINE

- 37-38 Step right to side, step left behind right
- 39-40 Step right to side, (making half turn to right), hitch left
- 41-42 Step left to side, step right behind left
- 43-44 Step left to side, touch right next to left

STEP WITH ½ TURN, STEP WITH ¼ TURN TWICE, TOUCH

- 45 Step right, (making half turn to right)
- 46 Step left, (making quarter turn to right)
- 47 Step right, (making quarter turn to right)
- 48 Touch left next to right

REPEAT





牆數:4