

First Kiss

拍數: 32 牆數: 2 級數: Improver
編舞者: Kristen Gregory (AUS)
音樂: Don't I Have a Heart - The Wilkinson



- 1&2 Sailor step right (right foot behind left, step left foot to left side, replace weight onto right foot. These counts should move backward)
- 3&4 Sailor step left (left foot behind right, step left foot to right side, replace weight onto left foot. These counts should move backward)
- 5&6 Shuffle to the right side right-left-right, making a $\frac{1}{4}$ turn right on the last step
- 7-8 Step left foot forward make a $\frac{1}{2}$ pivot turn right placing weight on right foot
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- 1&2 Shuffle forward left-right-left
- 3 Step right foot forward
- 4 On balls of both feet twist heels so the body makes a $\frac{1}{4}$ turn left
- 5 Twist heels back to original position so the body is once again facing forward (weight should be on left foot)
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- 6 Kick right foot forward
- 7 Kick right foot to right side
- & Step right foot beside left foot
- 8 Kick left foot to left side
- & Step left foot beside right foot
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- 1-2 Step right foot forward, make a $\frac{1}{2}$ pivot turn left placing weight on left foot
- 3&4 Shuffle forward right-left-right while making a full turn left
- 5 Step left foot forward
- & Make a $\frac{1}{4}$ turn left & step right foot to right side
- 6 Replace weight on left foot
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- 7 Step right foot across in front of left foot
- 8 Step left foot to left side while making $\frac{1}{4}$ turn right
- 1 On ball of left foot make a $\frac{1}{2}$ turn right & step right foot forward
- & Step left foot forward while making a $\frac{1}{4}$ turn right
- 2 Replace weight onto right foot
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- 3 Step left foot across in front of right foot
- & Step right foot to right side
- 4 Replace weight onto left foot
- 5 Rock weight onto right foot while making a $\frac{1}{4}$ turn right
- 6 Replace weight onto left foot while making a $\frac{1}{2}$ turn left
- 7 Step right foot forward
- 8 $\frac{1}{4}$ pivot turn left placing weight on left foot

REPEAT
