

First Degree

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Bill Larson (AUS)
音樂: Murder On the Dance Floor - Sophie Ellis-Bextor



INTRO

Start 16 counts in on the words "Murder on the dance floor".

1-2 Dance 41-60&, then start dance.

THE MAIN DANCE

STEP-LOCK-STEP, SAMBA STEP, STEP-LOCK-STEP SAMBA STEP

1&2 Step right forward at 45 degrees right, lock left up behind right, step right forward at 45 degrees right
3&4 Step left to side, replace weight onto right, step left across in front of right
5&6 Step right forward at 45 degrees right, lock left up behind right, step right forward at 45 degrees right
7&8 Step left to side, replace weight onto right, step left across in front of right

STEP PIVOT ½ TURN, TRIPLE STEP ½ TURN, BACK ROCK, STEP PADDLE ¼ TURN

1-2 Step forward on right, pivot turn ½ left
3&4 Triple step ½ turn left (right-left-right)
5-6 Step back on left, rock forward onto right
7-8 Step forward on left, pivot turn ¼ right (weight onto right)

EXTENDED CROSS SHUFFLE, SLIDE TOUCH

1&2& Step left across in front of right, step right to side, step left across in front of right, step right to side
3&4& Step left across in front of right, step right to side, step left across in front of right, step right to side
5&6 Step left across in front of right, step right to side, step left across in front of right
7-8 Step right to side (long step) slide left up to touch beside right (weight on right)

BALL-CROSS, UNWIND, TRIPLE STEP ¼ TURN, COASTER STEP, FORWARD TURN, TURN

&1-2 Step left slightly to side, step right across in front of left, unwind a full turn left (weight on left)
3&4 Triple step ¼ turn left (right-left-right)
5-6 Step back on left, step right beside left, step forward on left
7-8 Step forward on right, left completing a full turn left

WALK WALK WALK WALK, FORWARD COASTER, BACK COASTER

1-4 Walk forward right-left-right-left
5&6 Step forward on right, step left beside right, step back on right
7&8 Step back on left, step right beside left, step forward on left

SIDE ROCK BEHIND-BALL-CROSS, SIDE ROCK BEHIND-BALL-CROSS

1-2 Step right forward at 45 degrees right, replace weight onto left
3-4 Step right behind left, step left to side, step right across in front of left
5-6 Step left forward at 45 degrees left, replace weight onto right
7&8 Step left behind right, step right to side, step left across in front of right

FORWARD, ROCK TRIPLE STEP ½ TURN, STEP PIVOT SHUFFLE

1-2 Step forward on right, rock back onto left
3&4 Triple step ½ turn right (right-left-right)

5-6 Step left forward, pivot turn $\frac{1}{2}$ right
7&8 Shuffle forward (left-right-left)

SIDE & SIDE & HEEL & TOE & HEEL & TURN & HEEL & TURN &

1&2& Touch right to side, step right beside left, touch left to side, step left beside right
3&4& Tap right heel forward, step right beside left, tap left toe back, step left beside right
5&6& Tap right heel forward, step right beside left with $\frac{1}{4}$ turn left, tap left heel forward, step left beside right
7&8& Tap right heel forward, step right beside left with $\frac{1}{4}$ turn left, tap left heel forward, step left beside right

REPEAT

RESTART

Restart after count 36 on walls 2 and 5

Restart after count 32 on walls 4, 7, 8, and 9
