

Fireball

COPPER KNOB
BY STEPHEN BATES

拍數: 80 牆數: 2 級數: Intermediate west coast swing
編舞者: Tina Riley (USA)
音樂: Louisiana Hot Sauce - Sammy Kershaw



I choreographed this dance for a good friend of mine. This is for you Shannon Sjouwke

RIGHT HEEL HOOK, HEEL TOGETHER, RIGHT SWIVEL, RIGHT SWIVEL

1-2 Right heel forward, hook right leg across left
3-4 Right heel forward, right step next to left
5-6 Swivel both heels right, swivel both heels back center
7-8 Swivel both heels right, swivel both heels back center

LEFT HEEL HOOK, HEEL TOGETHER, LEFT SWIVEL, LEFT SWIVEL

1-2 Left heel forward, hook left leg across right
3-4 Left heel forward, left step next to right
5-6 Swivel both heels left, swivel both heels back center
7-8 Swivel both heels left, swivel both heels back center

SEXY WALKS FORWARD WITH HOLDS (SWAY HIPS WITH EACH STEP)

1-2 Step forward with right, step forward with left
3-4 Step forward with right, hold
5-6 Step forward with left, step forward with right
7-8 Step forward with left, hold (weight ends on left)

KICK STEPS WHILE MOVING BACKWARDS WITH DOUBLE HEELS

While doing this 8 count section travel backwards

1&2 Kick right foot forward, step back down right next left, kick left foot forward
&3-4 Step left next to right, right heel forward and tap twice
&5&6 Step right foot next to left, kick left foot forward, step left foot next to right, kick right foot forward
&7-8 Step right next to left, left heel forward and tap twice

LEFT FOOT STEP BACK, ½ LEFT TURN, SHUFFLE FORWARD RIGHT, ¼ RIGHT, SHUFFLE FORWARD LEFT (WITH EACH ¼ TURN SWAY YOUR HIPS OUT TO MAKE IT LOOK SEXY)

1-2 Step back with left foot, ½ turn left
3&4 Step forward right, step left next to right, step forward right
5-6 Step forward left, ¼ turn right
7&8 Step forward left, step right next to left, step forward left

WALK FORWARD RIGHT, LEFT, TRIPLE STEP WITH ½ TURN LEFT, 2 SAILOR SHUFFLES

With each ¼ turn sway your hips out to make it look sexy

1-2 Step forward with right, step forward with left
3&4 Step forward with right starting your turn left, step left next to right, step forward right finishing your turn
5&6 Step left foot slightly behind right, step out with right foot side right, and step forward with left
7&8 Step right foot slightly behind left, step out with left foot side left, and step forward with right

SHUFFLE FORWARD LEFT, STEP ¼ LEFT, SHUFFLE FORWARD RIGHT, STEP ¼ RIGHT

With each ¼ turn sway your hips out to make it look sexy

1&2 Step forward with left, step right next to left, step forward left
3-4 Step forward with right, ¼ turn left (weight on left)

- 5&6 Step forward with right, step left next to right, step forward right
7-8 Step forward with left, ¼ turn step (weight on ends on right)

CROSS, STEP SIDE RIGHT, 1 ¾ TURN AND SHUFFLE LEFT

Moving turn towards new wall

- 1-2 Step and cross left over right, step side with right
3-4 ½ pivot turn left on right foot, ½ pivot turn left on left foot (weight ends on right)
5-6 ½ pivot turn left on right foot, ¼ turn left stepping forward right
7&8 Step forward left, step right next to left, step forward left (weight ends on left)

GRAPEVINE RIGHT WITH 2 ¼ TURNS WITH HIP SHAKES

- 1-2 Step right to right side, step left behind right
3-4 Step right to right side starting ¼ turn right, step forward with left making another ¼ right (weight ends left)
5 Starting ¼ turn right - bump hip left and at the same time slightly turning right (make move small)
6 Bump hip left and at the same time slightly turning right (make move small)
7 Bump hip left and at the same time slightly turning right (make move small) (weight should still be on left)
8 Step back with right stepping next to left (leave weight on left)

STEP ¼ TURN, HIP ROLL, STEP ¼ TURN, HIP ROLL, STEP ¼ TURN, HIP ROLL, WALK, WALK

- 1-2 Step forward right, ¼ turn left and roll hips to the left
3-4 Step forward right, ¼ turn left and roll hips to the left
5-6 Step forward right, ¼ turn left and roll hips to the left
7-8 Step forward right, step forward left (weight ends left)

REPEAT
