

The Fino Slide

拍數: 64 牆數: 4 級數:
編舞者: The Fino Western Dancers
音樂: Cinderella - Waylander



ROCK FORWARD & BACK ON RIGHT FOOT, STOMPS & FAN RIGHT, HOP TWICE, STEP SLIDE, STEP PIVOT TWICE

- 1-4 Rock step forward on to right foot, rock back on to left foot, rock step back on to right foot, rock forward onto left foot.
- 5-8 Repeat steps 1-4.
- 9-12 Stomp right foot twice next to left, fan right toes to right, back to center.
- 13-16 Hitch right knee as you hop on left foot to right twice, step right foot to right, slide left foot to right foot.

If you do not like hopping on steps 13-14 replace it with, step right foot to right side, step left foot next to right foot.

- 17-20 Step forward on left foot, pivot 1/2 turn right, repeat.

ROCK FORWARD & BACK ON LEFT FOOT, STOMPS & FAN, HOP LEFT TWICE, STEP SLIDE

- 21-24 Rock step forward on left foot, rock back on to right foot, rock step back on to left foot, rock forward on to left foot.
- 25-28 Repeat steps 21-24.
- 29-32 Stomp left foot twice next to right, fan left toes out to left, back to center.
- 33-36 Hitch left knee as you hop on right foot to left twice, step left foot to left, slide right foot to left foot.

If you do not like hopping on steps 33-34 replace it with, step left foot to left side, step right foot next to left foot.

RIGHT BOOT SCOOT, MONTEREY TURN

- 37-40 Touch right heel forward, touch right toes across left foot, touch right heel forward, hitch right knee & scoot forward on left foot.
- 41-44 Touch right toe in place by left, touch right toe to right side, make ¼ turn right on ball of left foot stepping right foot next to left foot, touch left toes to left side.

STEP SLIDE, HIP BUMPS, JAZZ JUMPS

- 45-48 Touch left foot in place by right, step left foot diagonally forward, slide right foot up behind left foot over two counts.
- 49-52 Bump hips back twice, bump hips forward twice.
- &53-54 Jump back on right foot (&), jump back on left foot (53), clap hands (54).
- &55-56 Repeat steps &53-54.

RIGHT VINE WITH ¼ TURN RIGHT, HITCH, LEFT THREE STEP FULL TURN, HITCH

- 57-60 Step right foot to right side, step left foot behind right foot, step right foot to right side while making ¼ turn right, hitch left knee.
- 61-64 Step left foot to left side while making a ¼ turn left, make ¼ turn left stepping on to right foot, make ½ turn left stepping on to the left foot (you will now have completed a full turn to the left), hitch right knee.

REPEAT
