Fingers

COPPER KNOB

拍數: 32

牆數:4

級數: Intermediate/Advanced



編舞者: Steve Aylwin (UK)

音樂: Fingers - P!nk

HEEL SWIVELS, RIGHT HITCH, HEEL SWIVELS, LEFT HITCH, RIGHT HITCH, LEFT HITCH, LEFT PRESS, FLICK ¼ TURN LEFT

- 1& With weight on balls of feet, swivel heels outwards, return to center
- 2& Hitch right knee, step right in place
- 3& With weight on balls of feet, swivel heels outwards, return to center
- 4& Hitch left knee, step left in place
- 5&6 Hitch right knee, step in right in place, hitch left knee
- 7-8 Press left to left side, recover weight onto right with ¼ turn left flicking left foot forward

SHUFFLE, STEP TURN STEP, FULL TURN RIGHT, KNEE ROLLS

- 1&2 Left shuffle forward (left, right, left)
- 3&4 Step forward on right, pivot ½ turn left, step forward on right
- 5&6 ¹/₂ turn right stepping back on left, ¹/₂ turn right stepping forward on right, step forward on left
- 7-8 Roll right knee outwards, roll left knee outwards

HEEL JACKS, RIGHT MAMBO FORWARD, LEFT COASTER STEP

- &1&2 Step back on right, dig left heel diagonally forward left, step left in place, step right in place
- &3&4 Step back on left, dig right heel diagonally forward right, step right in place, step left in place
- 5&6 Rock forward on right, recover weight onto left, step right next to left
- 7&8 Step back on left, step right next to left, step forward on left

$\ensuremath{^{1}\!\!\!\!2}$ TURNS WITH HOPS, STEP BACK RIGHT, CROSS STEP LEFT OVER RIGHT, UNWIND $\ensuremath{^{1}\!\!\!2}$ TURN RIGHT

- 1&2 With feet in place make 1/2 turn left by doing 3 small hops, feet apart on 3rd
- 3&4 With feet in place make 1/2 turn right by doing 3 small hops, feet apart on 3rd
- 5-6 Step back on right, cross step left over right
- 7-8 Unwind ¹/₂ turn right making sure weight ends up on both feet

REPEAT

TAG

At end of 8th wall (facing 12:00 wall) include following 8 counts then restart dance:

- 1-2 ¹/₄ turn left stepping right to right side, touch left behind right
- 3-4 ¹/₄ turn left stepping forward on left, touch right behind left
- 5-6 ¹⁄₄ turn left stepping right to right side, touch left behind right
- 7-8 ¹/₄ turn left stepping forward on left, step right next to left

TAG

Dance up to count 14 on 10th wall, replace knee rolls and rest of dance with following:

&1-2 Step right in place, cross step left over right, unwind ½ turn right over 1 and a 'bit' counts **Then restart dance**