

Finger Wrap

拍數: 0 牆數: 1 級數: Improver
編舞者: Georg Kiesewetter (DE)
音樂: Wrapped Around - Brad Paisley



Sequence: Start after 32 beats of instrumental intro, AA BB C AA BB C BA BBB C

PART A

HEEL, HOOK, HEEL, HOOK, CHASSÉ RIGHT, KICK BALL CHANGE

- 1 Right foot touch heel 45 degrees diagonally forward
- 2 Right foot hook across left shin
- 3-4 Right foot repeat 1, 2
- 5 Right foot step to right side
- & Left foot step next to right
- 6 Right foot step to right side
- 7 Left foot kick forward
- & Left foot step on ball of left foot next to right
- 8 Right foot shift weight on right

HEEL, HOOK, HEEL, HOOK, CHASSÉ LEFT, KICK BALL CHANGE

- 1 Left foot touch heel 45 degrees diagonally forward
- 2 Left foot hook across right shin
- 3-4 Left foot repeat 1, 2
- 5 Left foot step to left side
- & Right foot step next to left
- 6 Left foot step to left side
- 7 Right foot kick forward
- & Right foot step on ball of right foot next to left
- 8 Left foot shift weight on left

½ PIVOT TURN (TO THE LEFT) TWICE, SIDE, DRAG, DRAG, STOMP

- 1 Right foot step forward
- 2 Turn ½ turn left on both balls (at the end weight on left)
- 3-4 Repeat 1, 2
- 5 Right foot take a large step to right side
- 6-7 Left foot drag towards right for two counts
- 8 Left foot stomp left beside right

PART B

STRUTTING TURNS TWICE

- 1 Right foot tap ball in front of left
- 2 Right foot drop heel and take weight
- 3 Turn ½ turn left on ball of right while tapping left ball in front of right
- 4 Left foot drop heel and take weight
- 5-8 Repeat 1-4

Addition: bow right arm and swing right fist around in circles with index finger pointing upward

CHASSÉ RIGHT, ROCK BACK, RECOVER, CHASSÉ LEFT, ROCK BACK, RECOVER

- 1 Right foot step to right
- & Left foot step next to right
- 2 Right foot step to right
- 3 Left foot step behind right

- 4 Recover weight to right
- 5 Left foot step to left side
- & Right foot step next to left
- 6 Left foot step to left side
- 7 Right foot step behind left
- 8 Recover weight to left

STOMPS, TOE TAPS, SHUFFLE BACK

- 1 Right foot stomp next to left
- 2 Left foot stomp next to right
- 3 Right foot tap toe behind left heel
- 4 Right foot step beside left
- 5 Left foot tap toe behind right heel
- 6 Left foot step beside right
- 7 Right foot step back
- & Left foot step next to right
- 8 Right foot step back

COASTER STEP, SHUFFLE FORWARD RIGHT AND LEFT, STOMP RIGHT AND LEFT

- 1 Left foot step back
- & Right foot step next to left
- 2 Left foot step forward
- 3 Right foot step forward
- & Left foot step next to right
- 4 Right foot step forward
- 5 Left foot step forward
- & Right foot step next to left
- 6 Left foot step forward
- 7 Right foot stomp beside left
- 8 Left foot stomp beside right

PART C

HEEL BOUNCES

- 1 Right foot toe in front of left
 - 2 Right foot bounce heel down and up again (don't take weight)
 - 3 Right foot bounce heel down and up again (don't take weight)
 - 4 Right foot bounce heel down and up again (don't take weight)
-