The Finger Dance



拍數: 0 牆數: 0 級數:

編舞者: Daniel Whittaker (UK) 音樂: The Finger Song - Magill



Sequence: AA BB AA BB C AA BB C

If you can do this dance contra line you will have a right laugh

PART A

Do the actions according to the song, interlink with your footwork SYNCOPATE FORWARD, ACTION, SYNCOPATE BACK, ACTION

&1-2 Syncopate forward right left

3-4 Hold for 2 counts (as you do these 4 counts point your fingers forward repeatedly for 4 counts

or what ever action you think feels right)

&5-6 Syncopate back right left

7-8 Hold for 2 counts (as you do these 4 counts point your fingers back repeatedly for 4 counts or

what ever action you feels right)

SYNCOPATE FORWARD ACTION, SMOKEY WHEEL

&1-2 Syncopate forward right left

3-4 Hold for 2 counts (as you do these 4 counts point your fingers forward repeatedly for 4 counts

or what ever action you feel is right)

5-8 Your going to do a Smokey Wheel keep your elbows forward and swing both arms inwards

and around to create a circle effect you do this twice over 4 counts

BOOGIE WOOGIE, STEP PIVOT, STEP PIVOT

1-4 Put your hands on your knees and knock your knees together over 4 counts

5-8 Step forward right ½ turn, step forward right ½ turn

Should be either facing front/partner

ROCK STEP FORWARD AND BACK, JAZZ BOX (OR JUMP AND HOLD)

1-4 Rock step right foot forward then back

5-8 Right jazz box or you can jump forward and hold

PART B

You now do a 2 wall line dance

SIDE SHUFFLE ROCK STEP, SIDE SHUFFLE ROCK STEP

1&2 Step right to side, close left to right, step right to side

3-4 Rock back left, forward right

5&6 Step left to side, close right to left, step left side

7-8 Rock back right, forward left

KICK TWICE, BACK TOUCH, STEP LOCK STEP LEFT

1-2 Kick right forward twice

3-4 Step back right touch left beside

5-8 Step forward left, lock right behind, step forward left scuff right

STEP LOCK STEP RIGHT, STEP PIVOT FORWARD TOUCH

1-4 Step forward right, close left behind right, step forward right, scuff left

5-6 Step forward left ½ turn right

7-8 Step forward left right toe touch beside

SIDE CLOSE SIDE RIGHT AND SIDE CLOSE SIDE LEFT

As you do this make a lasso hand movement

Step right to side, close left to right, step right to side, touch left beside right
Step left to side, close right to left, step left to side, touch right beside left

PART C BOX WALK

1-8	Make ¼ turn right walk forward right, left, right, left, right, left step right forward make ¼ turn
	left (as you do this wave arms over head)

9-16	Walk forward right, left, right, left, right, left step right forward make ¼ turn left (as you do this
	wave arms over head)

17-24	Walk forward right, left, right, left, right, left step right forward make 1/4 turn left (as you do this
	wave arms over head)

25-32	Walk forward right, left, right, left, right, left step right forward make ½ turn left to face starting
	wall (as you do this wave arms over head)

When dancing contra you should pass each over all over the place.