

Fill Up My Senses

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Pauline Greenwood (AUS)
音樂: Annie's Song - John Denver



LEFT 45 WALTZ BACK, TURN ¼ RIGHT, RIGHT 45 WALTZ FORWARD, TURN ¼ LEFT

- 1-2-3 At diagonals, step right back, step left beside right, turning ¼ turn right (facing right 45) step right beside left
- 4-5-6 At diagonals, step left forward, step right beside left, turning ¼ turn left (facing left 45) step left beside right

LEFT 45 WALTZ BACK, TURN 45 DEGREES RIGHT, FORWARD, DRAG, HOLD

- 1-2-3 At diagonals, step right back, step left beside right, turning 45 degrees right (facing 12:00) step right beside left
- 4-5-6 Step left forward, drag right forward to left, hold

SWEEP, ACROSS, TURN ¼ RIGHT, TOGETHER, ACROSS, HOLD

- 1-2-3 Sweep right across in front of left, turning ¼ right step left beside right, step right beside left
- 4-5-6 Step left across in front of right, hold, (for 2 counts) (3:00)

SWEEP, ACROSS, TURN ¼ RIGHT, TOGETHER, ACROSS, HOLD

- 1-2-3 Sweep right across in front of left, turning ¼ right step left beside right, step right beside left
- 4-5-6 Step left across in front of right, hold, (for 2 counts) (6:00)

WALTZ FORWARD, BACK, TOUCH BEHIND, UNWIND, TURN ½ RIGHT

- 1-2-3 Step right forward, step left beside right, step right beside left
- 4-5-6 Step left back, touch right toe behind left, unwind ½ turn right (12:00)

WALTZ BACK, SIDE WAY BEHIND, ROCK FORWARD

- 1-2-3 Step right back, step left beside right, step left beside right
- 4-5-6 Step left to left side and sway hips left to left side, step right behind left, step left forward, rocking weight onto left

SIDE SWAY, DRAG, HOLD, WALTZ FORWARD

- 1-2-3 Step right to right side and sway hips right to right side, drag left to touch together, hold
- 4-5-6 Step left forward, step right beside left, step left beside right

BACK, TOUCH BEHIND, UNWIND TURN ½ LEFT, SIDE SWAY, DRAG, HOLD

- 1-2-3 Step right back, touch left toe behind right, unwind ½ turn left (6:00)
- 4-5-6 Step left to left side and sway hips left to left side, drag right to touch together, hold

REPEAT
