

The Fifty Fifty Bop

拍數: 40 牆數: 4 級數:
編舞者: Eddie Harper (USA)
音樂: Kickin' And Screamin' - Garth Brooks



SIDE, TOGETHER, SIDE, TOGETHER, ¼ TURN STEP, ¼ TURN VINE

1-2 Side step left, drag right together
3-4 Side step left, drag right together
5 Face ¼ turn left and step forward left,
6 Face ¼ turn left and side step right
7-8 Step left behind right, side step right
9-16 Repeat steps 1-8

STEP, LOCK, STEP, LOCK

17-18 Step forward left, lock step right behind left
19-20 Step forward left, lock step right behind left

SIDE, FWD, REPLACE, SIDE, FWD, REPLACE, SIDE, FORWARD

21-22 Side step left, step forward right
23 Step back left
24-25 Side step right, step forward left,
26 Step back right
27-28 Side step left, stomp forward right

STEP, LOCK, STEP, LOCK

29-30 Step forward left, lock step right behind left
31-32 Step forward left, lock step right behind left

SKIP BACKWARDS

&33 Scoot back right, step together left
&34 Scoot back left, step together right
&35 Scoot back right, step together left
&36 Scoot back left, step together right

ROCK, ROCK, TURN, TOGETHER

37-38 Rock step backward left, recover weight to right
39 Face ¼ turn left and step forward left
40 Step together right

REPEAT

STYLING NOTE: Hands and arms should be used for proper balance and to provide emphasis to the natural rhythm of the dance and of the music unless otherwise specified in the step description. This is a high energy dance and should include much body, arm and hand movement.