Friday Night (Just Got Paid)

級數: Intermediate/Advanced

編舞者: Todd Lescarbeau (USA)

拍數: 32

音樂: Just Got Paid - *NSYNC

BALL-CROSS, SIDE, SAILOR- STEP. CROSS, SIDE SAILOR- STEP

- &1-2 Step ball of right foot to right, cross step left over right, step right foot to right
- 3&4 Step left behind right, right steps to side, step left foot beside right
- 5-6 Cross step right over left
- 7&8 Step right foot behind left, left steps to side, step right foot beside left

POINT, SIDE, SAILOR-STEP, STEP RIGHT-LEFT WITH ¾ TURN, POINT FORWARD, TOE BACK, POINT FORWARD

- 9-10 Touch left foot forward and slightly to right (over right foot), touch left out to side
- 11&12 Step left foot behind right, right foot steps to side, step left foot beside right
- 13&14 Turning ¼ right, step back on right foot, continue to turn ½ right stepping forward onto left foot, point right toe forward (this will feel like a triple-step, pointing toe on 2nd beat)

I have tried replacing these counts using only a pivot rotation on ball of left foot. Some dancers found this to be easier than actually stepping right then left. I encourage dancers to use whichever method they wish to execute the ³/₄ turn. Just remember to touch the right foot forward for count 14!

15-16 Touch right toe back, touch right toe forward

WALK BACK, TWISTS WITH ¼ TURNS, WALK FORWARD, TWISTS WITH ¼ TURNS

17-18-19 Walk back right, left, right

- Dancers can replace counts 17-19 with a "roger rabbit" step for a nice variation
- &20 While turning ¼ right, twist heels to left, return to face ¼ left (9:00) weight. On left foot
- 21-22-23 Walk forward right, left, right
- &24 While turning ¼ left, twist heels to right, return to face ¼ right (9:00) weight on left foot

3/4 TURN, BRUSH, SYNCOPATED VINE, STEPS RIGHT, LEFT, SNAP, HEEL RAISE

- 25 Turn ¹/₂ to right and step forward on right foot
- 26 Turn ¼ to right and brush left foot
- 27&28 Step left foot to left, step right foot behind left, step left foot to left
- 29-30 Step right foot forward, step left foot forward (approximately shoulder width apart)
- 31 Hold 1 beat while snapping fingers (hands should move in a downward motion)
- &32 Raise both heels up, lower heels and take weight onto left foot

REPEAT





牆數:4