

Freeway (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Pauline Morgan (UK)
音樂: I Just Break 'Em - Eric Heatherly



Position: Side By Side Position

LEFT & RIGHT DIAGONAL VINES WITH SCUFFS

- 1-4 Step diagonally forward on left, step right behind left, step diagonally forward on left, scuff right forward
- 5-8 Step diagonally forward on right, step left behind right, step diagonally forward on right, scuff left forward

RIGHT ¼ TURN, BEHIND, LEFT ¼ TURN, SCUFF LEFT ¼ TURN, BEHIND, RIGHT ¼ TURN, SCUFF

- 9-10 Step left into ¼ turn right, cross right behind left
- 11-12 Step left into ¼ turn left, scuff right forward
- 13-14 Step right into ¼ turn left, cross left behind right
- 15-16 Step right into ¼ turn right, scuff left forward

Man release left hands, raise right hands over lady's head on the ¼ turn left, raise right hand over lady's head on the ¼ turn right, rejoining left hands in side by side position

FORWARD & BACK ROCK STEPS WITH STEP HOLDS

- 17-20 Rock forward on left, recover on right, step back on left, hold
- 21-24 Rock back on right, recover on left, step forward on right, hold

LEFT & RIGHT STEP PIVOT, STEP, SCUFF

- 25-26 Step forward on left, pivot ½ right
- 27-28 Step forward on left, scuff right forward
- Raise left hand over lady's head into VW position on right pivot**
- 29-30 Step forward on right, pivot ½ turn left
- 31-32 Step forward on right, scuff left forward
- Raise left hand over lady's head back into side by side position**

WALKS & SCUFFS

- 33-36 Walk forward left, right, left, scuff right
- Bend knees slightly on the walk steps making them look like a running motion**
- 37-40 Walk forward on right, left, right, scuff left

STEP SCUFFS X 4

- 41-44 Step forward on left, scuff right, step forward on right, scuff left
- 45-48 Step forward on left, scuff right, step forward on right, scuff left

REPEAT