Free Spin (P)



拍數: 40 牆數: 0 級數: Partner

編舞者: Vern Goodell, Gary McCrory, Sandy McCrory, Kent Verity, Arlene Verity (USA) &

Fred Rapoport (USA)

音樂: She Ain't Your Ordinary Girl - Alabama



Position: Start in left sweetheart dance position, facing line-of-dance

GRAPEVINES

1-4 Grapevine right (step to right with right, step left behind right, step to right with right, brush

left)

5-8 Grapevine left (step to left with left, step right behind left, step to left with left, brush right)

SAILOR SHUFFLES

9-10 Touch left in front, point left to left side

11&12 Cross left behind right, step down right, step left next to right

13-14 Touch right in front, point right to right side

15&16 Cross right behind left, step down left, step right next to left

SHUFFLE STEPS & TURNS

17&18	Shuffle forward (left-right-left)
19&20	Shuffle forward (right-left-right)
21&22	Shuffle forward (left-right-left) as you make ½ turn to the right (facing rear LOD)

23&24 Shuffle backward (right-left-right)

25&26 MAN: Release lady's right hand and slightly pull lady's left hand to initiate her turn, as you

shuffle back (left-right-left) making ½ turn to the left (facing LOD), shuffle forward (right-left-

right)

LADY: Pivot a full turn to the left to left (left-right-left), touch right (still facing rear LOD)

29-32 MAN: Place your right palm against lady's right palm at chest level, pushing her hand back to

initiate a free spin, as you shuffle forward (left-right-left), shuffle forward (right-left-right),

stopping the lady and putting her back in original left sweetheart dance position

LADY: Pivot 1 ½ turn to the rights to right (right-left-right), and scuff left, back into original left

sweetheart dance position

JAZZ BOXES

33-36 Cross left in front of right, step back right, step to left with left, step down on right

37-40 Cross left in front of right, step back right, step to left with left, touch right

REPEAT