

Free Spin (P)

拍數: 40 牆數: 0 級數: Partner
編舞者: Vern Goodell, Gary McCrory, Sandy McCrory, Kent Verity, Arlene Verity (USA) & Fred Rapoport (USA)
音樂: She Ain't Your Ordinary Girl - Alabama



Position: Start in left sweetheart dance position, facing line-of-dance

GRAPEVINES

- 1-4 Grapevine right (step to right with right, step left behind right, step to right with right, brush left)
5-8 Grapevine left (step to left with left, step right behind left, step to left with left, brush right)

SAILOR SHUFFLES

- 9-10 Touch left in front, point left to left side
11&12 Cross left behind right, step down right, step left next to right
13-14 Touch right in front, point right to right side
15&16 Cross right behind left, step down left, step right next to left

SHUFFLE STEPS & TURNS

- 17&18 Shuffle forward (left-right-left)
19&20 Shuffle forward (right-left-right)
21&22 Shuffle forward (left-right-left) as you make ½ turn to the right (facing rear LOD)
23&24 Shuffle backward (right-left-right)
25&26 **MAN:** Release lady's right hand and slightly pull lady's left hand to initiate her turn, as you shuffle back (left-right-left) making ½ turn to the left (facing LOD), shuffle forward (right-left-right)
LADY: Pivot a full turn to the left to left (left-right-left), touch right (still facing rear LOD)
29-32 **MAN:** Place your right palm against lady's right palm at chest level, pushing her hand back to initiate a free spin, as you shuffle forward (left-right-left), shuffle forward (right-left-right), stopping the lady and putting her back in original left sweetheart dance position
LADY: Pivot 1 ½ turn to the right to right (right-left-right), and scuff left, back into original left sweetheart dance position

JAZZ BOXES

- 33-36 Cross left in front of right, step back right, step to left with left, step down on right
37-40 Cross left in front of right, step back right, step to left with left, touch right

REPEAT