

Freaky Girl

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Masters In Line (UK)
音樂: Freaky Girl - Shaggy



HITCH, KNEES, OUT-IN, HITCH & PUSH, WIZARD OF OZ TURNS

- 1& Hitch right knee up, step right foot next to left
- 2& Split both knees apart to sides, bring both knees together (weight end on right foot)
- 3&4 Hitch left knee up, step left foot next to right foot, push pelvis forward straightening legs and leaning back slightly
- &5-6 Step back on left foot, step forward on right foot, cross left foot behind right foot
- &7 As you make $\frac{1}{4}$ turn left step right foot small step to right side, make another $\frac{1}{4}$ turn left and step forward on left foot
- 8& Cross right foot behind left foot, make a $\frac{1}{4}$ turn right as you step left foot a small step to left side

2 WALKS FORWARD, STEP $\frac{1}{2}$ TOUCH, SIDE MOONWALKS TWICE

- 9-10 Walk forward on right foot, walk forward on left foot
- 11&12 Step forward on right foot, pivot $\frac{1}{2}$ turn left, touch right toe next to left foot
- 13-14 On ball of right foot, turn right knee out to face right side, as you push your right heel down into the ground, side your left foot to left side
- & Turn right toes in to face left foot
- 15-16 Repeat steps 13-14

CROSS, SIDE, SAILOR STEP, CROSS $\frac{1}{4}$ TURN, COASTER STEP

- 17-18 Cross right foot over left foot, step left foot to left side
- 19&20 Right sailor step
- 21-22 Cross left foot over right foot, make a $\frac{1}{4}$ turn left stepping back on right foot
- 23&24 Left coaster step

CIRCLE RUN, 2 WALKS, ROCK $\frac{1}{2}$ TURN

Picture a clock on the floor for this part. You will and end at 6:00, moving to the left

- &25 Step right foot to 3:00, step left foot next to right
- &26 Step right foot to 12:00, step left foot next to right
- &27 Step right foot to 9:00, step left foot next to right
- &28 Step right foot to 6:00, step left foot next to right
- 29-30 Walk forward on right foot, walk forward on left foot
- 31&32 Rock forward on right foot, recover weight onto left foot, make a $\frac{1}{2}$ turn right and step right foot

SIDE, TOGETHER, TOE SPLITS TWICE, WALK AROUND FULL TURN SHUFFLE

- 33&34& Step left foot to left side, drag right foot to it, with weight back on both heels, lift toes off the ground as you split them apart and back together again
- 35&36& Step right foot to right side, drag left foot to it, with weight back on both heels, lift toes off ground as you split them apart and back together again
- 37-38 Make a $\frac{1}{4}$ turn left and walk forward on right foot, make a $\frac{1}{4}$ turn left and step forward on right foot
- 39&40 Make a $\frac{1}{2}$ turn shuffle left

4 TOUCHING HIP ROLLS MOVING FORWARD

- 41-42 Touch right toe to right side, as you are about to step your right foot forward roll your hips in a full circle to the left

- 43-44 Touch left toe to left side, as you are about to step your left foot forward, roll your hips a full circle to the right
- 45-48 Repeat steps 41-44

CROSS ¼, SIDE SHUFFLE, TAP STEP FORWARD X4

- 49-50 Cross right foot over left foot, make a ¼ turn right and step back on left foot
- 51&52 Right side shuffle
- &53&54 Tap left toe next to right foot, step left foot to left diagonal, tap right toe next to left foot, step right foot to right diagonal
- 55-56 Repeat steps 53-54

LEFT SHUFFLE, ROCK AND ½, STEP ¼ TURN TOGETHER, KICK STEP, KICK STEP

- 57&58 Left shuffle forward
- 59&60 Rock forward on right foot, recover weight onto left, make a ½ turn right
- 61&62 Step forward on left foot, make a ¼ turn right recovering weight onto right foot, step left foot next to right
- &63 Kick right foot forward, step right foot next to left and bend knees
- &64 Kick left foot forward, step left foot next to right and bend knees

REPEAT
