

Freaky Deaky

拍數: 32 牆數: 4 級數: Improver
編舞者: Matthew Oakley (UK)
音樂: La Bomba - King Africa



SCUFF BACK, SIT DOWN & UP, HIP BUMPS, SLAP

1-2 Scuff right foot forward, step right foot back
&3&4 Raise hips slightly, bend knees and stick butt out slightly, look down, look up
Steps &3&4 are just like in Cha Cha Loco. As you look up on count 4 make sure your weight is on your left foot
5&6 Bump right hip back, return to center, bump right hip back
&7-8 Return back to center, bump right hip back, with right hand slap right butt cheek
Hand action on 8 is -- swing the right arm to the right and then slap your butt

SAILOR TURN, BEHIND & CROSS, SYNCOPATED TOE TOUCHES, ¼ TURN RIGHT

9&10 Sailor turn on right foot turning ¼ turn right
11&12 Cross left foot behind right, step right foot to right side, cross left foot in front of right
13& Touch right toe to right side, step right foot next to left
14& Touch left toe to left side, step left foot next to right
15-16 Touch right toe to right side, turn ¼ turn to the right keeping feet where they are

KICK OUT-OUT, BEND DOWN & UP TWICE, SYNCOPATED JUMPS FORWARD & BACK

17& Kick right foot forward, step right foot out to right side
18-19& Step left foot out to left side, bend knees, straighten up
20& Bend knees, straighten up
On counts 19&20& angle upper body diagonally left, bring hands to chest palms down, then as you bend your knees. Raise your hands slightly, returning them as you straighten up
Hand action here is -- both hands apart, palms down, fingers spread. When you bend down you pull your hands up. When you straighten up you push your hands down like compressing something.
&21 Jump slightly forward on right foot, step left foot next to right
&22 Jump slightly back on right foot, step left foot next to right
&23 Jump slightly forward on right foot, step left foot next to right
&24 Jump slightly forward on right foot, step left foot next to right

SYNCOPATED TOE TOUCHES, ¼ RIGHT WITH FLICK, TURN 1 ½ RIGHT

25& Touch right toe to right side, step right foot next to left
26& Touch left toe to left side, step left foot next to right
27-28 Touch right toe to right side, turn ¼ turn right flicking right foot across left knee
29-30 Step right foot forward, step left foot back turning ½ turn right
31&32 Triple full turn right over counts 31&32 touching right toe at the end

REPEAT