

Freaks To The Floor

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Blevins (USA)
音樂: Freak (Main Version) - Cheri Dennis



- 1-2 Walk forward right, left
&3-4 Make ¼ turn left to face 9:00 stepping (rock) side right on ball of right, recover weight onto left, step right across left
5-6 Make ¼ turn right to face 12:00 stepping back on left, make ¾ turn right to face 9:00 stepping forward on right
&7&8 Step side left with left, step right across left, step side left on ball of left, take a small step side right on right
- 1-2-3&4 Step left across right, take a large step side right on right foot, dragging left toe (2-3), step left together, step right across left
5-6 Make ¼ turn right to face 12:00 stepping back on left (leading with left shoulder, lean slightly back), make ¼ turn right to face 3:00 stepping forward on right (leading with right shoulder, bend slightly forward)
7-8 Make ¼ turn right to face 6:00 stepping back on left (leading with left shoulder, lean slightly back), make ¼ turn right to face 9:00 stepping forward on right (leading with right shoulder, bend slightly forward)
- &1-2 With knees slightly bent step small step forward left, step small step forward right ending with feet slightly apart (roll hips through both counts (be creative), hold
&3-4 Repeat &1-2 but transfer weight to left foot on count 4
5-6 With slight "lunge", plant right foot at slight forward diagonal to right lifting left heel and dropping right shoulder, recover weight onto left
7&8 Step onto ball of right across and in front of left foot, step back and slightly left on left, touch right heel forward on a diagonal to right
- &1-2 Step onto ball of right next to left, make ¼ turn left to face 6:00 stepping forward on left step onto ball of right across and in front of left
3-4-5 Large step back on left, larger step back on right foot dragging left heel (4-5)
&6 Step left next to right, step forward right
7&8 Make ¼ turn left to face 3:00 stepping left foot across and in front of right, step side right on ball of right, step left foot across and in front of right

REPEAT

RESTART

Do the first 16 counts of wall 4 (facing 6:00). Do a quick weight change from right to left. Then restart from the beginning of the dance.
