

Freakin' With Me

COPPERKNOB
STEPSHEETS

拍數: 32
牆數: 4
編舞者: Todd Lescarbeau (USA)
音樂: Dance With Me - 112

級數: Intermediate hip hop



KICK-STEP-TOUCH, KICK-STEP-TOUCH, STEP SLIDE, ¼ TURN STEP SLIDE

- 1&2 Kick right forward, step in place, touch left toe back
3&4 Kick left forward, step in place touch right toe back
5-6 Take a large step to side right with right foot, touch left beside right
7-8 Turning ¼ to right take a large step to side left with left, touch right beside

SCUFF-STEP ½ TURN LEFT, TOUCH. LOCK-STEP, SIDE-ROCK ¼ TURN LEFT, ½ TURNING TRIPLE

- 1&2 Scuff right forward, step right forward turning ½ to left, touch left forward
3&4 Step forward on left, lock right behind, step forward on left
5-6 Rock to side right, recover on left turning ¼ to left
7&8 Step side right while turning ¼ left, close left beside right, turn ¼

You should now be facing your starting wall

DIAGONAL REVERSE LOCK, BALL-CROSS, STEP BACK ON RIGHT, ROCK BACK ON LEFT, RECOVER TURNING ¼ RIGHT, SIDE TRIPLE

- 1&2 Step back diagonal left on left, cross right over (lock), step back diagonal on left
&3-4 Step back on diagonal on ball of right foot, cross left over, step back on right
5-6 Rock back on left foot, recover on right turning ¼ to right
7&8 Step left to side left, close right beside, step left to side left

½ TURNING SAILOR STEP, ½ PIVOT TURN, PRESS -STEP- KICK, COASTER STEP

- 1&2 Step behind left with right while turning ¼ to right, step to side with left, turning ¼ to right step forward on right
3-4 Step left foot forward, pivot ½ turn to right
5&6 Step forward on left "pressing" into floor (heel should be slightly raised), recover onto right foot, kick left forward
7&8 Step back on left, step back on right, step forward on left

REPEAT

TAG

On the 6th wall, the lyrics will say "if you're sexy and you know it clap your hands"

- 1-4 Rock forward on right foot, recover, rock back on right, recover
5 Step forward on right
6-8 Clap hands in rhythm with claps in song a total of 6 claps

Count claps as "slow quick quick quick slow slow"

- 9-12 Rock forward on left foot, recover, rock back on left, recover
13 Step forward on left
14-16 Repeat claps

("Slow quick quick quick slow slow")

- 17-24 Step slide right, ¼ right step slide left, ¼ turn right, ¼ right, rock side left, recover
25-32 Repeat left rock sequence (9-16)

Start at beginning of dance until song ends