

Freak Out

拍數: 32 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: You Freak Me Out - Girls Aloud



KICK BALL CROSS TOUCH, SIDE STEP-KICK, BACKWARD TOE TOUCH, FORWARD SHUFFLE, STEP FORWARD, PIVOT ¼ RIGHT, (6:00)

- 1&2 Kick right foot forward, step right foot next to left, cross touch left foot over right
&3-4 Step left foot to left side, kick right foot forward, touch right toe to outside of left foot
5&6 Step forward onto right foot, close left foot next to right, step forward onto right foot
7-8 Step forward onto left foot, pivot ½ right (weight on right foot)

DIAGONAL CROSS SHUFFLE, 2X DIAGONAL FORWARD STEPS, DIAGONAL CROSS SHUFFLE, DIAGONAL STEP FORWARD, ½ RIGHT BACKWARD TOE TOUCH, (12:00)

- 9&10 (Moving diagonal right) cross step left foot over right, step right foot to right side, cross step left foot over right
11&12 Step right foot diagonally forward right, step left foot diagonally forward left
13&14 (Moving diagonal left) cross step right foot over left, step left foot to left side, cross step right foot over left
15-16 Step left foot diagonally forward left, turn ½ right (to face wall) & touch right toe backward

FORWARD SHUFFLE, 3X DIAGONAL STEP LOCKSTEP, (12:00)

- 17&18 Step forward onto right foot, close left foot next to right, step forward onto right foot
19&20 (Moving diagonal left) step forward onto left foot, lock right foot behind left, step forward onto left foot
21&22 (Moving diagonal right) step forward onto right foot, lock left foot behind right, step forward onto right foot
23&24 (Moving diagonal left) step forward onto left foot, lock right foot behind left, step forward onto left foot,

DIAGONAL STEP FORWARD, ½ LEFT SIDE STEP, KICK-TOGETHER, CROSS SHUFFLE, SIDE ROCK, ¼ LEFT SIDE STEP, STAMP (3:00)

- 25-26 Step right foot diagonally forward right, turn ½ left & step left foot to left side
27& Kick right foot forward, step right foot next to left
28&29 Cross step left foot over right, step right foot to right side, cross step left foot over right
30 Rock step right foot to right side
31-32 Turn ¼ left & step left foot to left side, stamp right foot next to left

REPEAT

DANCE FINISH

As the dance will finish facing the 'home' wall during the musical fade on count 32 of the 12th wall all you have to do for a 'flourish' is - (optional) 'touch hat brim with right hand with left hand behind back'