

Freak Like Me

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Alice-May Hynam (UK)
音樂: Freak Like Me - Sugababes



JUMP FORWARD, JUMP BACK, RIGHT SHUFFLE ROCK RECOVER ¼ RIGHT, BEHIND SIDE CROSS

1-2 Jump forward right, left, jump back right, left
3&4 Right shuffle forward stepping right, left, right
5-6 Rock forward on left, ¼ turn right recovering weight onto right
7&8 Step left behind right, right to right side, left in front of right

STEP SLIDE, STEP SLIDE ¼ TURN LEFT, RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN LEFT

9-10 Step right to right side, slide left to right foot with a touch
11-12 Step left to left side, slide right to left foot making a ¼ turn left with a touch
13&14 Step right behind left, left to left side, right to right side
15&16 Step left behind right, right to right side, left to left side with ¼ turn left

RIGHT HEEL HITCH STOMP, LEFT HEEL HITCH STOMP, STEP SLIDE BACK, STEP FD RIGHT

17&18 Touch right heel forward, hitch right knee, stomp right foot
19&20 Touch left heel forward, hitch left knee, stomp left foot
21 Step right back long step
22-23 Slide left to right foot
&24 Step left besides right, step forward right foot

LEFT ROCK RECOVER, SHUFFLE ½ TURN LEFT, RIGHT ROCK RECOVER, SHUFFLE 1 ¼ TURN RIGHT

25-26 Rock forward on left, recover
27&28 Shuffle ½ turn left stepping left, right, left
29-30 Rock forward on right, recover
31&32 Shuffle 1 ¼ turn right stepping right, left, right & step left beside right

REPEAT
