

Frankie And Johnnie

COPPER **NOB**
BY STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Karen Grave (UK)
音樂: Frankie and Johnnie - Sam Cooke



STEP HITCH, TOUCH HITCH

- 1 Step forward on left
- 2 Lift right knee up and across on a 45 degree angle left
- 3 Touch right foot down next to left
- 4 Lift right knee up and across on a 45 degree angle left

STEP, QUARTER TURN, KICK, STEP

- 5 Touch right foot down next to left taking weight on
- 6 Quarter turn to left, pivoting on the ball of right foot and kick left foot out to the left
- 7-8 Step back on left and kick right foot out to right

RIGHT COASTER, STEP, RIGHT TOE TOUCH, FRONT, SIDE, FRONT

- 9&10 Step back on right, back on left, forward on right
- 11 Step forward on left
- 12 Touch right toe across in front of left foot
- 13 Touch right toe out to right side
- 14 Touch right toe across in front of left foot

PIVOT QUARTER TURN KICK, STEP

- 15 Pivot quarter turn right on ball of left foot kicking right foot out to right as you do so
- 16 Bring right foot down next to left transfer weight onto it (you are back to facing the front)

SYNCOPATED STEPS

- &17 Step back on left and cross right over left
- 18 Hold and clap
- &19 Jump right foot out to right, & left foot out to left
- 20 Hold and clap

KICK, TURN, STEP, TOUCH

- 21 With weight on right foot kick left foot out to left on a 45 degree angle
- 22-23 Turn a full turn anti to the right, stepping left, right and touching
- 24 Left next to right. (you are still facing the front)

ROCK LEFT OUT, BACK, OUT, BACK

- 25 Rock left foot over to the left, lifting right heel off the ground
- 26 Hold
- 27 Drop right heel to floor and rock left foot back behind right touching only ball of left foot to floor
- 28 Hold
- 29-32 Repeat 25-28

QUARTER TURN SHUFFLE, HALF PIVOT TURN

- 33&34 With weight on right quarter turn left and left shuffle forward
- 35-36 Stepping forward on right, half pivot turn left

TWO WALKS FORWARD, FULL TURN ANTI TO THE RIGHT

- 37-38 Walk forward two steps, right, left

39-40 Turn full turn anti to the right in two steps, right, left

RIGHT SAMBA, LEFT SAMBA

41& Step right out to right, transfer weight back to left
42 Step forward on right stepping right in front of left
43&44 Repeat 41&42 on the left leg

ROCK FORWARD RECOVER AND QUARTER TURN CROSS

45-46 Rock forward on right leg, back on left
& Quarter turn to right
47 With syncopated step stepping right back and crossing left in front, placing weight on left (you are now facing back wall)
48 Step right to right side, transferring weight to right

REPEAT

OPTIONAL HAND & HEAD MOVEMENTS:

1-4 Left arm moves across body as right knee lifts up on 45 degree angle, right arm moves out to right side at the same time. Head stays looking forward for beats 1 & 2, then turns to right for beat 3, then looking forward again for beat 4
6-8 Click fingers out to either side of your body as you are kicking your leg
12-14 Turn head to left and click fingers at the same time
155 Turn head to right and click fingers at the same time
25 Click fingers and turn head to left
26 Turn head to right
27 Click fingers and turn head to left
28 Turn head to right
29 Click fingers and turn head to left
30 Turn head to right
31 Click fingers and turn head to left
32 Turn head to right
