Foxy Trot 4 Couples (P)



編舞者: Ron Kline (USA)

音樂: Hangin' In - Tanya Tucker



BOX STEP 2X

1-8 MAN: Step left forward, hold, touch right forward, hold, step right back slightly diagonally

right, touch left next to right, step left to left side, step right next to left

LADY: Step right back, hold, touch left back slightly diagonally right, hold, step left forward slightly diagonally left, touch right next to left, step right to right side, step left next to right

9-16 BOTH: Repeat above steps (1-8)

ROCK STEP / WALK WITH LADY'S QUICK TURN

17-22 MAN: Step left to left side making a ¼ turn left with the step, hold, rock forward on right

(raising lady's right hand with his left), hold, shift weight back onto left turning $\frac{1}{4}$ right with the

step, step right to right side (lowering hands and resume closed position).

LADY: Step right to right side making a ¼ turn right with the step, hold, step left forward (lowering left hand to waist), hold, pivot ½ right (weight to right foot and she will pass under

raised hands), pivot ¼ right on right stepping left to left side (resume closed position)

Both should be in starting position

SLOW WEAVE 2X

23-28 MAN: Cross step left over right, hold, step right to right side, hold, cross step left behind right,

step right to right side

LADY: Cross step right behind left, hold, step left to left side, hold, cross step right over left,

step left to left side

29-34 BOTH: Repeat above steps (23-28)

PIVOT, SLOW ROCK STEP, STEP, PIVOT WITH STEP

&35-40 **MAN:** Pivot ½ to th

MAN: Pivot ¼ to the right on right, rock forward on left (bodies will be forward diagonally left of each other), hold, shift weight back onto right turning ¼ to the left with the step, hold, step left forward slightly diagonally right prepping toe to the left (lifting lady's right hand with his left), pivot ¼ to the left on left stepping right to right side (facing down line of dance resuming closed position)

LADY: Pivot ¼ to the right on left, rock back on right, hold, shift weight forward onto left, hold, step right forward (lowering left hand to waist), pivot ½ to the right on right (under raised hands) stepping left slightly back (facing up line of dance resuming closed position)

WALK, WALK, SIDE TOGETHER, WALK, WALK, TURN TOGETHER

41-46 MAN: Step left forward, hold, step right forward, hold, step left to left side, step right next to

left

LADY: Step right back, hold, step left back, hold, step right to right side, step left next to right

47-52 MAN: Step left forward, hold, step right forward, hold, step left forward making a ¼ turn to the

right, step right next to left (back into starting position)

LADY: Step right back, hold, step left back, hold, step right behind left making a ¼ turn to the

right with the step, step left next to right

WALK, WALK, TURN TOGETHER, ("CONVERSATION") 2X

53-58 **MAN:** Step left to left side making a ¼ turn to the left with the step (continuing hand holds bodies will be angled towards down line of dance), hold, step right forward, hold, step left

forward making a ¼ turn to the right with the step, step right next to left (back into starting

position)

LADY: Step right to right side making a ¼ turn to the right with the step, hold, step left forward, hold, step right forward making a ¼ turn to the left with the step, step left next to right.

59-64 BOTH: Repeat above steps (53-58)

REPEAT