

# Fox On The Run

**COPPERKNOB**  
STEPSHEETS

拍數: 0                      牆數: 2                      級數: Intermediate/Advanced  
編舞者: Ivonne Verhagen (NL)  
音樂: Fox On The Run - Texas Renegade



Sequence: ABC AB AC AAB

## PART A

### WALK RIGHT,LEFT,, SHUFFLE, DOWN UP&TOUCH,BRUSH 2X

1-2                      Walk forward right, left  
3                          Step right foot forward  
&                          Close left foot to right foot  
4                          Step right foot forward  
5                          Bend knees (down)  
6                          Jump at left foot, right foot touch heel right side  
7                          Brush right toe, left in front of right foot  
8                          Brush right toe to right side

### HOP BACK 2X, SHUFFLE ¼ TURN RIGHT, TOUCH, HOP, STEP, ROCK STEP

&                          Hop back on left foot  
9                          Touch right toe back  
&                          Hop back on left foot  
10                          Touch right toe back  
11                          Step right foot right side (¼ turn right)  
&                          Close left foot to right  
12                          Step right foot forward (¼ turn right)  
13                          Touch left toe forward  
&                          Hop on right foot (½ turn right)  
14                          Step left foot back  
15                          Rock right foot back  
16                          Weight on left foot  
17                          Cross right foot over left foot  
&                          Scoot right foot a little back  
18                          Weight on left foot

### SCOOT BRUSH (4X),BRUSH SCOOT TURN ½ STEP (2X)

&                          Scoot left foot right diagonal forward  
19                          Brush right foot forward  
&20&21                      Repeat &19 twice  
&                          Scoot left foot right diagonal forward  
22                          Step right foot diagonal forward  
23                          Brush left foot forward  
&                          Scoot right foot back (½ turn right)  
24                          Step left foot back  
25                          Brush right foot forward  
&                          Scoot left foot (½ turn right)  
26                          Step right foot forward

### CROSS, STEP BACK, 1 ½ TURN LEFT, ROCK STEP, SAYLOR STEP

&                          Hop on right foot  
27                          Cross left foot over right foot

- & Hop on left foot
- 28 Step right foot back
- 29 Step left foot forward ( $\frac{1}{2}$  turn left)
- & Step right foot back ( $\frac{1}{2}$  turn left)
- 30 Step left foot forward ( $\frac{1}{2}$  turn left)
- 31 Rock step right foot to right side
- 32 Weight on left foot
- 33 Cross right foot behind left foot
- & Step left foot a little left
- 34 Step right foot a little right
- 35 Step left foot forward
- 36 Ronde right foot  $\frac{1}{4}$  turn left
- & Hitch right knee

## **PART B**

- 1 Big step right foot to right side
- 2 Close left foot to right foot
- & Right foot & left foot turn  $\frac{1}{4}$  right
- 3 Big step left foot to left side
- 4 Close right foot to right foot
- & Right foot & left foot turn  $\frac{1}{4}$  right
- 5 Big step right foot to right side
- 6 Close left foot to right foot
- 7 Right foot & left foot jump together forward ( $\frac{1}{4}$  turn right)
- 8 Hold
- & Hop on left foot (lift right knee)
- 9 Step on right foot
- & Hop on right foot (lift left knee)
- 10 Step on left foot
- & Hop on left foot (lift right knee)
- 11 Step on right foot
- & Hop on right foot (lift left knee)
- 12 Step on left foot

## **PART C**

### **SAMBA STEPS FORWARD AND SIDE**

- 1 Step right foot forward
- & Close left foot to right foot
- 2 Weight on right foot
- 3 Step left foot forward
- & Close right foot to left foot
- 4 Weight on left foot
- 5 Step right foot to the right side
- & Cross left foot behind right foot
- 6 Weight on right foot
- 7 Step left foot to the left side
- & Cross right foot behind left foot
- 8 Weight on left foot

### **SAMBA STEPS WITH TURNS $\frac{1}{4}$ RIGHT**

- 9 Step right foot diagonal forward
- & Close left foot to right foot
- 10 Step right foot on right foot
- & Turn  $\frac{1}{4}$  right

11 Step left foot back  
& Close right foot to left foot  
12 Step left foot on left foot  
& Turn ¼ right  
13 Step right foot forward  
& Close left foot to right foot  
14 Step right foot on right foot  
& Turn ¼ right  
15 Step left foot back  
& Close right foot to right foot  
16 Step left foot on left foot

**STEP TURN ¼ RIGHT, CROSS BEHIND 4X, STEP TURN ¼ LEFT, CROSS BEHIND 4X**

17 Step right foot side (¼ turn right)  
& Cross left foot behind right foot  
18&19&20 Repeat 17& three more times  
& Twist and turn 1/8 left  
21 Step left foot side (¼ turn left)  
& Cross right foot behind left foot  
22&23&24 Repeat 21& three times

**SHUFFLE ½ TURN, LOOK BACK-FORWARD, SHUFFLE, PIVOT ENDING WITH RONDE**

25 Step left foot forward (½ turn left)  
& Close right foot to left foot  
26 Step left foot forward  
27 Look back over left shoulder (right foot touch forward)  
28 Look forward  
29 Step right foot forward  
& Close left foot to right foot  
30 Step right foot forward  
31 Right foot & left foot turn ½ left  
32-33-34 Full turn with ronde

---