

# Fourth Of July

拍數: 72      牆數: 4      級數: Intermediate  
編舞者: Heidi Leigep-Brown (AUS)  
音樂: Independence Day - Martina McBride



## SHUFFLE RIGHT, LEFT BEHIND, UNWIND, SHUFFLE RIGHT, LEFT BEHIND, UNWIND

- 1 Step right foot to right side
- & Step left foot together
- 2 Step right foot to right side
- 3 Touch left toe behind right foot
- 4 Unwind legs turning  $\frac{1}{2}$  turn left
- 5 Step right foot to right side
- 6 Step left foot together
- 7 Step right foot to right side
- 8 Touch left toe behind right foot

## SHUFFLE, TURNING SHUFFLE, TURNING SHUFFLE, STOMP, STOMP,

- 1 Step right foot forward
- & Step left foot together
- 2 Step right foot forward
- 3 Step left foot forward
- & Step right foot together turning  $\frac{1}{4}$  turn right
- 4 Step left foot turning  $\frac{1}{4}$  turn right
- 5 Step right foot back while turning  $\frac{1}{2}$  turn left
- & Step left foot together
- 6 Step right foot forward
- 7 Stomp left (slightly apart)
- 8 Stomp right (slightly apart)

## TOE, SCUFF, TOE, HEEL, TOE, SCUFF, TOE, HEEL

- 1 Left toe back
- 2 Left foot scuff forward at 45 degrees
- 3 Step left toe
- 4 Drop left heel
- 5 Right toe back
- 6 Right foot scuff forward at 45 degrees
- 7 Step right toe
- 8 Drop right heel ( feet should be shoulder width apart )

## TOES, HEELS, ROCK, HEELS, CROSS, UNWIND

- 1 Point toes in
- 2 Bring heels in
- 3 Rock back on right
- 4 Rock forward on left
- 5 Tap right heel at 45 degrees
- & Jump right to n
- 6 Jump left heel at 45 degrees
- 7 Cross left foot in front of right
- 8 Unwind legs turning  $\frac{1}{2}$  turn right

## 6 BEAT VINE, STOMP, STOMP

- 1 Step right foot to right side
- 2 Step left foot across and behind right foot
- 3 Step right foot to right side
- 4 Step left foot across and in front of right foot
- 5 Step right foot to right side
- 6 Step left foot across and behind right foot
- 7 Stomp right to right side
- 8 Stomp left to left side (feet should be shoulder width apart )

#### **DIG, SLAP BEHIND, ¼ TURN, DIG, SLAP IN FRONT, RIGHT CONGA**

- 1 Dig right heel to right side
- 2 Lift right foot behind left leg and slap with left hand
- 3 Turning ¼ turn left, dig right heel to right side
- 4 Lift right foot in front of left leg and slap with left hand
- 5 Step right foot to right side
- 6 Turn ½ turn to right and step on left foot
- 7 Turn ¾ turns to right and step on right foot
- 8 Touch left foot next to right foot

#### **MONTANA KICK, STEP KICK, TOE TOUCH BACK, TURN ½ TURN**

- 1 Step forward on left foot
- 2 Kick right foot forward
- 3 Step back on right foot
- 4 Touch left toe back
- 5 Step forward on left foot
- 6 Kick right foot forward
- 7 Touch right toe back
- 8 Pivot ½ turn right

#### **SHUFFLE, SHUFFLE, REGGAE WITH ¼ TURN RIGHT TURN**

- 1 Step right foot forward
- & Step left foot together
- 2 Step right foot forward
- 3 Step left foot forward
- & Step right foot together
- 4 Step left foot forward
- 5 Cross right foot in front of left foot
- 6 Step left foot back
- 7 Turning ¼ turn right step right to right side
- 8 Step left to right (feet should be shoulder width apart )

#### **HIP BUMPS**

- 1 Left hip bump
- 2 Right hip bump
- 3 Left hip bump
- 4 Left hip bump
- 5 Right hip bump
- 6 Left hip bump
- 7 Right hip bump
- 8 Right hip bump

#### **REPEAT**

In section 6 of this dance the conga can be altered to a vine with a ¼ turn with a left touch.  
Dance starts with a 16 beat introduction

Dance finishes in section 1 with a shuffle right, left foot behind, unwind  $\frac{1}{2}$  turn left shuffle right, left foot behind, unwind  $\frac{3}{4}$  turn left, step right to N.

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