

14 Carat Mind

拍數: 32 牆數: 4 級數: Improver
編舞者: Bastiaan van Leeuwen (DE)
音樂: Fourteen Carat Mind - Gene Watson



HEEL, TOE, SHUFFLE FORWARD (2X)

1-2 Touch right heel forward, touch right toes back
3&4 Step forward on right, close left to right, step forward on right
5-6 Touch left heel forward, touch left toes back
7&8 Step forward on left, close right to left, step forward on left

PIVOT, CROSS SHUFFLE, ¼ TURN RIGHT, SAILOR STEP

1-2 Step forward on right foot, ¼ turn left (face 9:00)
3&4 Cross right over left, close left beside right, cross right over left
5-6 Step left behind with ¼ turn to right (face 12:00), step right beside left with ¼ turn to right (face 3:00)
7&8 Cross left behind right making ¼ turn to left (face 12:00), step right to side, step left next to right

PRISSY WALK, SIDE SHUFFLE ¼ TURN RIGHT, ROCK STEP, COASTER STEP

1-2 Cross right over left moving forward, cross left over right moving forward
3&4 Step right to right side, close left beside right, step right to right side with ¼ turn to right (face 3:00)
5-6 Rock forward onto left, recover weight onto right
7&8 Step left back, step right next to left, step left forward

HEEL SWITCHES, STOMP, ROCK STEP, COASTER STEP

1&2 Touch right heel forward, step right beside left, touch left heel forward
&3 Step left beside right, touch right heel forward
&4 Step right beside left, stomp left beside right (weight on right)
5-6 Rock forward onto left, recover weight onto right
7&8 Step left back, step right beside left, step left forward

REPEAT

RESTART:

On the 4th wall you restart after count 16 (sailor step)
