# 4ever 2gether (P)



拍數: 48 編數: 2 級數: Improver social cha partner dance

編舞者: Larry Carriger (USA) & Jody Carriger (USA)

音樂: You're Only Lonely - JD Souther



Position: Couples Are On Opposite Footwork, Starting In Open Promenade Position Man's Left Lead, Lady's Right Lead

#### 1/4 TURN STEP, TOUCH, SIDE SHUFFLE, 1/4 TURN STEP, TOUCH, SHUFFLE ACROSS

1-2 MAN: (Turn ¼ right to face partner) step on left, touch right toe behind left foot.

LADY: (Turn 1/4 left to face partner) step on right, touch left toe behind right foot. (couples are

in double hand hold facing each other)

3&4 MAN: Right side shuffle.

**LADY:** Left side shuffle. (let go of man's left hand & lady's right)

5-6 MAN: (Turn ¼ left) step back on left, touch right toe to right side

LADY: (Turn 1/4 right) step back on right, touch left toe to left side

Let go of hands

7&8 MAN: Right side shuffle passing behind lady.

LADY: Left side shuffle passing in front of man

Man is on right side of lady, holding lady's right hand in his left

## CROSS ROCK, SHUFFLE 1/2, STEP PIVOT, SHUFFLE FORWARD

1-2 **MAN:** Step left in front of right, step back on right.

LADY: Step right in front of left, step back on left

3&4 MAN: Left shuffle turning ½ left. (let go of lady's hand)

**LADY:** Right shuffle turning ½ right. (let go of man's hand)

5-6 MAN: Step forward on right, pivot ½ left. (weight on left)

**LADY:** Step forward on left, pivot ½ right. (weight on right)

7&8 **MAN:** Right shuffle forward. (pick up lady's right hand)

**LADY:** Left shuffle forward. (pick up man's left hand)

### CROSS ROCK, SHUFFLE 1/4, JAZZ BOX

1-2 **MAN:** Step left in front of right, step back on right.

LADY: Step right in front of left, step back on left

3&4 MAN: Left shuffle turning 1/4 left.

LADY: Right shuffle turning 1/4 right.

Couples are in double hand hold facing each other

5-6 **MAN:** Step right in front of left, step back on left.

**LADY:** Step left in front of right, step back on right

7-8 **MAN:** Step right next to left, touch left toe to left side.

LADY: Step left next to right, touch right toe to right side

## SIDE SHUFFLE, ROCK STEP, 2X

1&2 MAN: Left side shuffle.

LADY: Right side shuffle

3-4 **MAN:** Step back on right, step forward on left.

LADY: Step back on left, step forward on right

5&6 **MAN:** Right side shuffle.

LADY: Left side shuffle

7-8 **MAN:** Step back on left, step forward on right.

**LADY:** Step back on right, step forward on left.

## STEP. SLIDE. CROSS SHUFFLE. WEAVE

## Man's optional 1 full turn to the right

1-2 **MAN:** Step left, slide right next to left. (weight on right)

LADY: Step right, slide left next to right. (weight on left)

3&4 MAN: Step left over right, & step right, step left over right.

LADY: Step right over left, & step left, step right over left

### Let go of man's left hand & lady's right, raise man's right hand & lady's left for man to turn under

5-6 MAN: (Turn 1 full turn right) step on right, step on left. (right weave if man does not want to

turn)

LADY: Step left, step right behind left

7-8 **MAN:** Step right, step left in front of right.

LADY: Step left, step right in front of left

Couples are back in double hand hold facing each other

## STEP, SLIDE, CROSS SHUFFLE, WEAVE

# Lady's optional 1 full turn to the right

1-2 **MAN:** Step right, slide left next to right. (weight on left)

**LADY:** Step left, slide right next to left. (weight on right)

3&4 MAN: Step right over left, & step left, step right over left.

LADY: Step left over right, & step right, step left over right

# let go of man's left hand & lady's right, raise man's right hand & lady's left for lady to turn under

5-6 **MAN:** Step left, step right behind left.

LADY: (Turn 1 full turn right) step on right, step on left. (right weave if lady does not want to

turn)

7-8 **MAN:** Step left, step right in front of left.

LADY: Step right, step left in front of right

Couples are back in double hand hold facing each other Leave out the first ¼ turn during the rest of the dance.

# **REPEAT**