

Four Years Later

拍數: 32 牆數: 4
編舞者: Michele Burton (USA)
音樂: Violet - Savage Garden

級數: Intermediate/Advanced



STEP TOUCH, STEP TOUCH, STEP TOUCH, BALL FORWARD, FORWARD

- 1-2 Step forward with right foot, touch left foot beside right (angle body to right diagonal)
3-4 Step forward left foot, touch right foot beside left, (angle body to left diagonal)
5-6 Step forward with right foot, touch left foot beside right (angle body to right diagonal)
Finger snaps on counts 2, 4, 6
&7-8 Ball step slightly back with left, step forward with right, step forward with left

ROCK ¼ TURN PASSÉ, ROCK STEP, BALL CHANGE 3X (ON A DIAGONAL)

- 1-2 Rock forward with right, return onto left making ¼ turn right, hitching right foot beside left knee
3-4 Hold, step in place with right foot
5-6 Rock left foot across in front of right foot, return weight to right foot
&7 Ball step on back left diagonal with left foot, return weight to right foot
&8 Ball step across and in front of right foot with left foot, return weight to right foot
& Ball step on back left diagonal with left foot

RETURN, STEP, ¼ TURN LEFT SCISSORS, ¼ TURN RIGHT, SAILOR ¼ RIGHT, STEP FORWARD

- 1-2 Return weight to right foot, step left foot across in front of right foot
3&4 Turn ¼ turn left and step right foot back, step left foot together, step right foot forward
5-6 Turn ¼ turn right and step left foot to left, step right foot behind left
&7 Turn ¼ turn right and step left foot together, step forward with right
8 Step forward with left

STEP KICK, MODIFIED SAILOR, AND SLIDE HOLD, WALK AROUND TURN

- 1-2 Stomp (softly) right foot beside left (clap if you like), kick left foot to left
3&4 Step left foot behind right, step right foot beside left, step left foot slightly to left (step on ball of foot)
&5-6 Step right foot next to left, big step left with left foot, drag right foot toward left
7-8 Turn ¼ turn left, step forward with right foot, ½ pivot over left shoulder, step forward with left foot

REPEAT
