

4 Wheel Drive

拍數: 64 牆數: 4 級數: Improver
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: I Want a Girl In a Pick-up Truck - Rick Trevino



DIAGONAL SHUFFLES FORWARD, TOUCH

1-4 Shuffle forward on right diagonal stepping right, left, right, touch left next to right
5-8 Shuffle forward on left diagonal stepping left, right, left, touch right next to left

STEP BACK, KICK & CLAP X4

1-4 Step right back, kick left forward & clap, step left back, kick right forward & clap
5-8 Step right back, kick left forward & clap, step left back, kick right forward & clap

MAMBO BACK; HEEL BOUNCES TURNING ¼ LEFT

1-4 Rock right back, recover weight onto left, step right slightly forward, hold
5-8 Bounce heels three times while making ¼ turn left (weight on right), hold, (9:00)

TOE STRUTS CROSS AND SIDE; SAILOR STEP

1-2 Cross on left toe over right, drop left heel
3-4 Step on right toe to right side, drop right heel
5-8 Cross left behind right, step right to right side, step left to left side, hold

HEEL, HOOK, HEEL, HOOK; LOCK STEP FORWARD

1-2 Touch right heel forward, hook right in front of left shin
3-4 Touch right heel forward, hook right in front of left shin
5-8 Step right forward, lock left behind right, step right forward, hold

HEEL, HOOK, HEEL, HOOK; LOCK STEP FORWARD

1-2 Touch left heel forward, hook left in front of right shin
3-4 Touch left heel forward, hook left in front of right shin
5-8 Step left forward, lock right behind left, step left forward, hold

MAMBO WITH ½ TURN TWICE

1-4 Rock right forward, recover weight onto left, make ½ turn right step right forward, hold, (3:00)
5-8 Rock left forward, recover weight onto right, make ½ turn left step left forward, hold, (9:00)
Easier option: right mambo forward, left mambo back

MAMBO WITH ½ TURN; LOCK STEP FORWARD

1-4 Rock right forward, recover weight onto left, make ½ turn right step right forward, hold, (3:00)
5-8 Step left forward, lock right behind left, step left forward, hold,

REPEAT

OPTIONAL ENDING

Dance ends on wall 7 count 24-27 heel bounces, bounce heels three times while making ½ turn left, facing front wall