

Four Ways

拍數: 32 牆數: 4
編舞者: Laura Mora (ES)
音樂: Drive - Alan Jackson

級數: Improver



TOE, TOGETHER, TOE, TOGETHER

- 1 Touch right to right side
- 2 Right foot next to left
- 3 Touch left to left side
- 4 Left foot next to right

TOUCH, HOOK, TOUCH, TOGETHER

- 5 Touch right ahead
- 6 Hook right foot in front of left
- 7 Touch right ahead
- 8 Right foot next to the left one

TOUCH, HOOK, TOUCH, TOGETHER

- 9 Touch left ahead
- 10 Hook left foot in front of right
- 11 Touch right ahead
- 12 Left foot next to the right one

¼ MONTERREY TURN

- 13 Touch right toe to right side
- 14 Turn ¼ right as you step right next to left
- 15 Touch left toe to left side
- 16 Step left next to right

STEP, BUMP FORWARD (TWICE), BUMP BACK, BUMP FORWARD

- 17 Step right ahead
- 18 Hip ahead
- & Hip ahead
- 19 Hip behind
- 20 Hip ahead

STEP, BUMP FORWARD (TWICE), BUMP BACK, BUMP FORWARD

- 21 Step left ahead
- 22 Hip ahead
- & Hip ahead
- 23 Hip behind
- 24 Hip ahead

GRAPEVINE RIGHT, SCUFF

- 25 Right step right foot
- 26 Left foot behind right
- 27 Right step right foot
- 28 Scuff left foot next to the right

GRAPEVINE LEFT, STOMP

- 29 Left step left foot

- 30 Right foot behind the left
- 31 Left step left foot
- 32 Touch right foot next to the left one

REPEAT

This dance is meant to be slow, but you could dance it with a very fast song. If the song is very fast, then steps 17-24 are very difficult, so that you have to do:

STEP, SWIVELS (TWICE)

- 17 Step right ahead
- 18 Heels ahead with the ends stuck to the ground
- & Heels behind (returning to the position from count 17)
- 19 Heels ahead & heels behind
- 20 Right foot next to the left one

STEP, SWIVELS (TWICE)

- 21 Step left ahead
- 22 Heels ahead with the ends stuck to the ground & heels behind (returning to the position from count 21)
- 23 Heels ahead & heels behind
- 24 Left foot next to the right

With the song "Celtas Cortos" by Riaño Vivo, there are two speeds. The first one is rather slow, and next (the bridge) is twice that speed. The second speed starts at 2:50. Before you start the next part you have to do:

- 1 Step left ahead
 - & Right foot next to left and heel left ahead
 - 2 Quarter turn to the right and touch left behind
 - & Right foot next to left and touch left behind
 - 3 Half turn to the left and heel right behind
 - & Right foot next to left and the heel ahead with the right
 - 4 Left foot next to the right
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