

# 440 (For Forty)

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數:  
編舞者: Dan Albro (USA)  
音樂: Falsas Esperanzas - Christina Aguilera



Start after 32 count intro with body angled left

## HEEL, HEEL, KICK, BALL, CROSS, TOUCH SIDE, HIP BUMPS, KICK

1-2-3&      Tap left heel, tap left heel, kick left angle forward, step back on ball of left  
4-5-6&7      Cross right over left, touch left side, bump hips left, right, left, while shifting weight to left  
8      Kick right angle forward

## TURN ¼ STEP, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, BACK, CROSS, BACK, CROSS, TURN ¼ STEP, ½ TURN SWEEP

&1-2      Turn ¼ right (3:00) stepping side right, step side left, touch right toe next to left  
&3&4      Step side right, touch left next to right, step side left, touch right next to left  
&5&6      Step back on ball of right, cross left over right, step back on ball of right, cross left over right  
7-8      Turn ¼ right (6:00) stepping forward right, turn ½ right (12:00) on ball of right sweeping left around

## STEP, LOCK, STEP, STEP, PIVOT ½, TOUCH, HOLD, STEP, CROSS, ½ UNWIND

1-2&3      Step forward left, lock right behind left, step forward left, step forward right  
&4&      Pivot ½ left (6:00) on ball of right bring left foot to right knee, hold, touch left toe side  
5-6&7-8      Hold, step left next to right, cross right over left, unwind ½ turn left (12:00) lifting right heel

## TRIPLE HIPS FORWARD RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, TOUCH, STEP, TOUCH, HOLD, STEP, TOUCH, SHIFT

1&2-3&4      Step forward right bumping hips right, left, right, step forward left bumping hips left, right, left  
5&6-7      Touch right toe side, step right next to left, touch left toe side, hold  
&8&      Turn ¼ left (9:00) stepping left, touch right toe side, shift weight to right angling body left

Counts 1&2, 3&4: can be done as a right sailor shuffle, left sailor shuffle

REPEAT