

Forward On One

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jamie Marshall (USA)
音樂: Ain't It Funny - Jennifer Lopez



STEP FORWARD RIGHT, ROCK, RECOVER, TURN 1 ½ LEFT, SIDE ROCK RIGHT, SAILOR WITH ¼ LEFT TURN

1-2-3 Step forward right, rock forward left, recover on right
4&5 Turn ½ left stepping forward on left, turn ½ left stepping back on right, turn ½ left stepping forward on left
6-7 Rock side right, recover on left
8& Cross right behind left, turn ¼ left stepping forward on left

STEP FORWARD RIGHT, ROCK, RECOVER, TURN 1 ½ LEFT, SIDE ROCK RIGHT, SAILOR WITH ¼ LEFT TURN

9-16 Repeat steps 1-8

STEP FORWARD RIGHT, ROCK, RECOVER, BACK LOCK STEP, BACK STEPS WITH ATTITUDE

17-18-19 Step forward right, rock forward left, recover on right
20&21 Step back left, cross right over left, step back on left
&22 Step back right, touch left toe forward with raised heel slightly turning body to right
&23 Step back left, touch right toe forward with raised heel slightly turning body to left
&24 Step back right, touch left toe forward with raised heel slightly turning body to right

Steps &22-24 may be danced with knee pops or moon walk

STEP FORWARD RIGHT, ¼ TURN LEFT, WEAVE RIGHT, STEP TOGETHER, COASTER

&25-26-27 Step left next to right, step forward right, turn ¼ left stepping on left, step right to right
28&29-30 Cross left behind right, step right to right, cross left over right, step right next to left
31&32 Step back on left, step right next to left, step forward on left

REPEAT
