

Fortissimo

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: John Bailey (CAN)
音樂: Maria - Los Nachos



ROCK STEPS, COASTER STEPS, & ATTITUDE

- 1-2 Rock forward on right foot, step back on left
- 3&4 Right coaster step (step back with right foot, bring left beside right, step forward with right)
- 5-6 Hold position and turn head a ¼ turn left (may angle head down 45), clap hands
- 7&8 Turn head back to original position (12:00), clap hands twice
- 9-10 Rock forward with left foot, step back on right
- 11&12 Left coaster step (step back with left foot, bring right beside left, step forward with left foot)
- 13-14 Hold position and turn head a ¼ turn right (may angle head down 45), clap hands
- 15&16 Turn head back to original position (12:00), clap hands twice

HESITATED & SYNCOPATED EXTENDED WEAVE

- 17-18 Step right foot out to the right, hold for a count
- &19 Bring left foot behind right, step right foot to the right
- &20 Cross left foot over right, step right foot out to the right
- 21-22 Bring left foot behind right, hold for a count
- &23 Step right foot out to the right, cross left foot over right
- &24 Step right foot out to the right, bring left foot behind the right (left has weight)

HESITATED & SYNCOPATED WEAVE WITH FUNKY CHASSE

- 25-26 Bring right foot down across left (or shift weight to right leg), hold for a count
- &27 Step left foot out to the left, bring right behind left
- &28 Step left foot out to the left, cross right over left
- 29-30 Step left foot out to the left, hold
- &31 Bring right foot behind left, step left foot out the left
- &32 Bring right foot behind left, step left foot out to the left (weight on left)

BUMP HIPS, SHUFFLE, BUMP HIPS, TRIPLE STEP & TURN

- 33-34 Step forward with right and bump hips forward (right hip), bump hips back on the left
- 35&36 Shuffle forward right (right, left, right)
- 37-38 Bump hips back on left, bump forward on right
- 39&40 Triple step in place left, right, left making a ¼ turn left

HEEL, TOE, SIDE, TOGETHER, SIDE, WITH TURN, BODY ROLL & BUMP, BUMP, BUMPII

- 41& Touch right heel forward, bring right back beside left
- 42& Touch left toe out to left side, bring back beside left
- 43-44 Touch left toe out to the left, turn left toe a ¼ turn left

Weight still on right. This is the prep for the forward body roll

- 45-46 Forward body roll (when body roll is finished you have completed your ¼ turn left started on count 44)
- 47&48 Bump hips back on right, forward on left and back on right (weight is on left foot when body roll is finished)

SHUFFLE, ROCK STEP, COASTER STEP, STOMP, STOMP

- 49&50 Shuffle forward left (left, right, left)
- 51-52 Rock forward with right foot, step back on left
- 53&54 Right coaster step

55-56 Stomp left foot twice

ROCK STEP, COASTER STEP, ¼ TURN, & STOMP, STOMP, STOMP!!!

57-58 Rock forward on left foot, step back on right

59&60 Left coaster step

61-62 Step forward with right foot, pivot a ¼ turn left on the balls of both feet (weight will shift to left foot)

63&64 Stomp right foot three times

REPEAT
