

Forgetful Cha

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Christopher J. Spicer (USA)
音樂: Sometimes She Forgets - Travis Tritt



SIDE CHA WITH ¼ STEP, STEP, ¾ PIVOT TURN, SIDE CHA, ½ TURN SAILOR STEP

1&2 Step right foot to right side, step left foot next to right, step right foot ¼ turn to right side
3-4 Step left foot forward, pivot ¾ turn to right (weight transfers back to right)
5&6 Step left foot to left side, step right foot next to left, step left foot to left side
7&8 Step right foot behind left, step left to left side with ¼ turn left, step right foot back with ¼ to left

CROSS ROCK STEP, COASTER STEP, FULL TURN, WALKS

1-2 Cross rock left foot over right foot, recover onto right
3&4 Step left foot back, step together with right, step left foot forward
5-6 Step forward on right and complete a full turn to the left while step down on left
7-8 Walk forward on right foot, forward on left

FORWARD SHUFFLE, ROCK STEP, ¼ TURN, STEPS WITH DRAGS

1&2 Step right forward, step together with left, step right foot forward
3-4 Rock forward on left, recover weight onto right
5 While turning ¼ to the left, step left foot to left side
6& Drag right foot to left foot, step right foot behind left foot
7 Step left foot to left side
8& Drag right foot to left foot, step right foot behind left foot

TOUCH, SAILOR STEP, FORWARD COASTER STEP, BACK COASTER STEP, TOUCH

1 Touch left foot out to left side
2&3 Step left foot behind right foot, step right foot next to left foot, step left foot slightly forward
4&5 Step right foot forward, step left foot next to right foot, step right foot slightly back
6&7 Step left foot back (further than your right foot), step right foot next to left foot, step left foot slightly forward
8 Touch right foot next to left foot

REPEAT
