

# Forget Your Troubles

**COPPER** KNOB  
BY STEPHEN BIRKETT

拍數: 32      牆數: 2      級數: Improver  
編舞者: Ruthie B (UK)  
音樂: Get Happy - Zoe Birkett



## RIGHT LOCK, LEFT LOCK FORWARD, STEP CLAP, TURN CLAPS

1&2      Step forward on right, close left beside right, step forward right  
3&4      Step forward on left, close right beside left, step forward left  
5&6&      Step forward on right, clap, step forward on left making ½ turn left, clap  
7&8&      Step forward on right, clap, step forward on left, making ½ turn left, clap

## SLOW VAUDEVILLES, SWAYS LEFT & RIGHT

1&      Step right to right side, cross left over right,  
2&      Step right to right side, kick left to left diagonally forward  
3&      Step left to left side, cross right over left  
4&      Step left to left side, kick right diagonally right forward  
5-8      Sway right, left, right, left, (arms should be bent at elbows hands out stretched for attitude)

## EXTENDED WEAVE RIGHT & LEFT

1&2&      Step right to right side, step left behind right, step right to right side, step left over right  
3&4&      Step right to right side, hold, rock back on left, replace to right  
5&6&      Step left to left side, step right behind left, step left to left side, step right over left  
7&8&      Step left to left side, hold, rock back on right, replace to left

## TOE STRUTS, KICK CROSS, UNWIND ½ TURN HEEL BOUNCES, CLAP

1&2&      Step on right toe, to right side, place heel down, step on left toe across right, place heel down  
3&4&      Step on right toe, to right side, place heel down, step on left toe, across right, place heel down

**Optional arm movements for above 8 counts for styling- when you toe strut right click fingers arms out to right, when you toe strut left over right click arms out to the left**

5-6      Kick right out to right diagonal, cross right over left  
7&8&      Making ½ turn left, unwind bounce heels 3 times, clap on & count

## REPEAT

**Dedicated to all my Rebels to thank them for all the support and friendship they have shown me and who dance to Forget all Their Troubles.**