

# Forget Me Not

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Gloria Johnson (USA)  
音樂: I've Forgotten How You Feel - Sonya Isaacs



## HEEL SWITCHES, LONG BACK STEP

1-2      Tap right heel forward; step right beside left  
3-4      Tap left heel forward; step left beside right  
5&      Tap right heel forward; step right beside left  
6&      Tap left heel forward; step left beside right  
7-8      Step right a long step back; drag left to right

## TURNING SHUFFLES, HEEL SWITCHES

9&10      Step left forward; step right together; step left forward  
&      Turn ½ left on left  
11&12      Step right back; step left together; step right back  
13-14      Tap left heel forward; step left beside right  
15-16      Tap right heel forward; step right beside left

## HEEL SWITCHES, LONG BACK STEP, HIP CIRCLES

17&      Tap left forward; step left beside right  
18&      Tap right forward; step right beside left  
19-20      Step left a long step back; drag right to left  
21-24      Rotate hips to the left for 4 counts

## SIDE TOUCHES WITH CROSS STEPS, SLOW MONTEREY

25-26      Touch right toe to right side; cross-step right over left  
27-28      Touch left toe to left side; cross-step left over right  
29-30      Touch right toe to right side; spin ½ turn right on left switching weight to right  
31-32      Touch left toe to left side; pivot ¼ turn left onto left

## BACKWARD SHUFFLES, SPINS, LONG BACK STEP

33&34      Step right back; step left together; step right back  
35&36      Step left back; step right together; step left back  
37-38      Turning ½ left, step back on right; turning ½ left, step on left  
39-40      Step right back a long step; dragging left, step left beside right (weight to left)

## REPEAT

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