

Forever Yours

COPPER KNOB
BY STEPHEN BATES

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Even If I Tried - Emilio



FORWARD SHUFFLE, TURNING SHUFFLES

- 1&2 Shuffle forward (right, left, right)
3&4 Shuffle forward (left, right, left) making a ½ turn to the right on these steps
5&6 Shuffle back (right, left, right) making a ½ turn to the right on these steps
7&8 Shuffle in place (left, right, left) making a ½ turn to the right on these steps

OUT-OUT, IN-IN, SWIVETS

- &9 Step to the right on right foot, step left foot about shoulder width apart from right
10 Hold and clap hands
&11 Step right foot to home, step left foot next to right
12 Hold and clap hands
13-14 On heel of right foot and ball of left foot, swivel right toes to the right and left heel to the left:
swivel right toes and left heel to center
15-16 Shift weight to heel of left foot and ball of right foot, swivel left toes to the left and right heel to
the right: swivel left toes and right heel to center

OUT-OUT, IN-IN, POINT, CROSS, UNWIND

- &17 Step to the right on right foot, step left foot about shoulder width apart from right
18 Hold and clap hands
&19 Step right foot to home, step left foot next to right
20 Hold and clap hands
21-22 Touch right foot to the right, cross right foot over left
23-24 Unwind ¾ turn to the left and shift weight to left foot

SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP

- 25&26 Side shuffle to the right (right, left, right)
27-28 Step back on left foot, rock forward onto right foot
29&30 Side shuffle to the left (left, right, left)
31-32 Step back on right foot, rock forward onto left foot

SIDE SHIMMIES, CROSSES, UNWINDS

- 33-34 Bend knees and step to the right on right foot while shimmying shoulders, continue
shimmying shoulders
35-36 Cross left foot over right, unwind ½ turn to the right and shift weight to right foot
37-38 Bend knees and step to the left on left foot while shimmying shoulders, continue shimmying
shoulders
39-40 Cross right foot over left, unwind ½ turn to the left and shift weight to left foot

SIDE SHIMMIES, CROSSES, UNWINDS

- 41-42 Bend knees and step to the right on right foot while shimmying shoulders, continue
shimmying shoulders
43-44 Cross left foot over right, unwind ½ turn to the right and shift weight to right foot
45-46 Bend knees and step to the left on left foot while shimmying shoulders, continue shimmying
shoulders
47-48 Cross right foot over left, unwind ½ turn to the left and shift weight to left foot

MONTEREY TURNS TO THE RIGHT

- 49-50 Touch right toe to the right, pivot $\frac{1}{2}$ turn to the right on ball of left foot and step right foot next to left
- 51-52 Touch left toe to the left, step left foot next to right
- 53-54 Touch right toe to the right, pivot $\frac{1}{2}$ turn to the right on ball of left foot and step right foot next to left
- 55-56 Touch left toe to the left, step left foot next to right

HEEL TAPS, CROSSES, UNWINDS

- 57-58 Tap right heel forward twice
- 59-60 Cross right foot over left, unwind $\frac{1}{2}$ turn to the left on ball of left foot and shift weight to right foot
- 61-62 Tap left heel forward twice
- 63-64 Cross left foot over right, unwind $\frac{1}{2}$ turn to the right on ball of right foot and shift weight to left foot

REPEAT
