

# Forever Sunrise

拍數: 40      牆數: 2      級數: Improver  
編舞者: Jim Sandham (UK)  
音樂: Sunrise - Simply Red



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## RIGHT ROCK, RIGHT SAILOR STEP, LEFT SAILOR STEP, CROSS UNWIND

1-2      Rock right, recover weight onto left  
3&4      Cross right behind left, step left to left side, step right to right side  
5&6      Cross left behind right, step right to right side, step left to left side  
7-8      Cross right behind left, unwind ½ turn right

## SHUFFLE FORWARD, STEP ½ PIVOT, SHUFFLE FORWARD, KICK & POINT

1&2      Step forward left, close right beside left, step forward left  
3-4      Step forward right, pivot ½ turn left  
5&6      Step forward right, close left beside right, step forward right  
7&8      Kick forward left, step left beside right, point right to right side

## CROSS SHUFFLE, TURN, TURN, CROSS SHUFFLE, STEP SLIDE

1&2      Cross right over left, step left to left side, cross right over left  
3-4      Step back on left ¼ right, step right to right side ¼ right  
5&6      Cross left over right, step right to right side, cross left over right  
7-8      Step right large step to right, slide left to touch

## SYNCOPATED VINE, CROSS UNWIND, SHUFFLE FORWARD

1-2      Step left to left side, step right behind left  
&3-4      Step left to left side, step right over left, step left to left side  
5-6      Cross right over left, unwind ¾ turn left  
7&8      Step forward right, step left next to right, step forward right

## ROCK, RECOVER, ¼ TURN CHASSE, CROSS UNWIND, ROCK, RECOVER

1-2      Rock forward left, recover onto right  
3&4      Step left ¼ left, step right to left, step left to left side  
5-6      Cross right over left, unwind full turn left  
7-8      Rock right to right side, recover onto left

## REPEAT

Alternative steps for 5-6 in section 5 = cross rock & recover

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