

Forever For Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rob Fowler (ES)
音樂: Forever Works for Me - Neal McCoy



ROCK & SIDE, ROCK ¼ TURN, ROCK & SIDE, ROCK ¼ TURN

1 Rock right behind left
&
2 Rock forward onto left
3 Take long step to right with right
4 Rock left behind right
&
5 Rock forward onto right turning ¼ right
6 Take long step left with left
7 Rock right behind left
&
8 Rock forward onto left
9 Take long step to right with right
10 Rock left behind right
&
11 Rock forward onto right turning ¼ right
12 Take long step left with left
13 Rock right behind left
&
14 Rock forward onto left
15 Take long step to right with right
16 Rock left behind right
&
17 Rock forward onto right turning ¼ right
18 Take long step left with left

ROCK & SIDE, SAILOR ¼, STEP ¾, SIDE, ROCK & SIDE

9 Rock right behind left
&
10 Rock forward onto left
11 Take long step to right with right
12 Step left behind right
&
13 Right step to right side
14 Turn ¼ left stepping onto left
15 Step forward on right
&
16 Turn ¾ left
17 Step right to right side
18 Rock left behind right
&
19 Rock forward onto right
20 Step left to left side

SAILOR ¼, STEP ¾, SIDE, ROCK & SIDE, COASTER STEP

17 Step right behind left
&
18 Step left to left side
19 Turn ¼ right stepping onto right
20 Step forward on left
&
21 Turn ¾ right
22 Step left to left side
23 Rock right behind left
&
24 Rock forward onto left
25 Take long step to right
26&27 Left coaster step left, right, left

ROCK, RECOVER, 1 ½ TURN RIGHT, ROCK, RECOVER, BACK, TURN ½ RIGHT, TURN ¼ RIGHT

25 Rock forward onto right
26 Rock back onto left
27 Turn ½ right stepping onto right
&
28 Turn ½ right stepping onto left
29 Turn ¼ right stepping onto right

- 29 Rock forward onto left
- 30 Rock back onto right
- 31 Step back on left
- & Turn $\frac{1}{2}$ right stepping onto right
- 32 Turn $\frac{1}{4}$ right stepping left to left side

REPEAT
