

Forever Feels

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Patrick Latendresse (CAN)
音樂: How Forever Feels - Kenny Chesney



Sequence: AB,AB,B,AB,AB,BB

Dancers are facing the back wall when they start the dance in order to finish facing front

PART A

STEP FORWARD, REVERSE HOOK, STEP BACK, HOOK, SHUFFLE, STEP, PIVOT ½ TURN RIGHT

- 1-2-3-4 Step forward right, cross left behind right knee, step back on left, cross right in front of the left knee
5&6 Forward shuffle start on right (right, left, right)
7-8 Step forward left, pivot ½ turn right weight on right

STEP FORWARD, REVERSE HOOK, STEP BACK, HOOK, SHUFFLE, STEP, PIVOT ¼ TURN LEFT

- 1-2-3-4 Step forward left, cross right behind left knee, step back on right, cross left in front of the right knee
5&6 Forward shuffle start on left (left, right, left)
7-8 Step forward right, pivot ¼ turn left weight on left

CROSS TOE-HEEL STRUT, SIDE STRUT, CROSS SHUFFLE, SIDE-ROCK LEFT

- 1-2 Cross right toe over left, step down on heel
3-4 Touch left toe to left side, step down on heel
5&6 Cross right over left, step left foot to left side (&), cross right over left
7-8 Rock to left side with left, recover onto right

CROSS TOE-HEEL STRUT, SIDE STRUT, CROSS SHUFFLE, SIDE-ROCK RIGHT WITH ¼ TURN LEFT

- 1-2 Cross left toe over right, step down on heel
3-5 Touch right toe to right side, step down on heel
5&6 Cross left over right (&), step right foot to right side (&), cross left over right
7-8 Rock to right side with right, recover onto left with ¼ turn left

PART B

HEEL SWITCHES & STEP ACROSS, TOUCH, STEP ACROSS, TOUCH, ROCK-STEP

- 1&2 Touch right heel forward, step right next to left (&), touch left heel forward
&3-4 Step left next to right (&), cross right over left, touch left out to side
5-6 Cross left over right, touch right out to side
7-8 Rock to back with right, recover onto left

HEEL SWITCHES & STEP ACROSS, TOUCH, STEP ACROSS, TOUCH, HOOK

- 1&2 Touch right heel forward, step right next to left (&), touch left heel forward
&3-4 Step left next to right (&), cross right over left, touch left out to side
5-7 Cross left over right, touch right out to side
7-8 Touch right heel forward, cross right foot in front of the left knee

SHUFFLE RIGHT, STEP, PIVOT ½ TURN RIGHT, CROSS SHUFFLE, SIDE-ROCK WITH ¼ TURN LEFT

- 1&2 Shuffle forward start on right (right, left, right)
3-4 Step forward with left, pivot ½ turn right weight on right
5&6 Cross left over right, step right foot to right side (&), cross left over right
7-8 Rock on right to right side, recover onto left with ¼ turn left

WALKS FORWARD, ROCK-STEP WITH ¼ TURN RIGHT, ROCK-STEP, COASTER-STEP

1-2 Step forward right, step forward left

3&4 Rock forward on right, recover onto left (&), start ¼ turn right while step forward right

5-6 Rock forward with left, recover onto right

7&8 Step back with left, step right next to left (&), step forward left

REPEAT
