

# Forever Dance

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Bill Bader (CAN)  
音樂: Forever and Ever, Amen - Randy Travis



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## MAMBO FORWARD & BACK, MAMBO BACK & FORWARD, FORWARD ½ PIVOT, FORWARD ¼ PIVOT

1&2      Step right forward, recover weight onto left, step right back  
3&4      Step left back, recover weight onto right, step left forward  
5-6      Step right forward, pivot turn ½ left onto left  
7-8      Step right forward, pivot turn ¼ left onto left

## SAMBA STEP, SAMBA STEP, JAZZ BOX TURNING ¼ RIGHT

1&2      Cross step right over left, step left to left side, recover weight onto right  
3&4      Cross step left over right, step right to right side, recover weight onto left  
5-6      Cross step right over left, step left back  
7-8      Step right to right side turning ¼ right, step left forward

On your 5th repetition, restart from here

## PADDLE TURNS ¼ & ¼, SHUFFLE FORWARD, PADDLE TURNS ¼ & ¼, ROCK FORWARD-BACK

1&      Paddle turn ¼: place ball of right foot forward, pushing off onto left with a ¼ turn left  
2&      Paddle turn ¼: place ball of right foot forward, pushing off onto left with a ¼ turn left  
3&4      Step right forward, step left beside right, step right forward  
5&      Paddle turn ¼: place ball of left foot forward, pushing off onto right with a ¼ turn right  
6&      Paddle turn ¼: place ball of left foot forward, pushing off onto right with a ¼ turn right  
7-8      Step left forward, rock back onto right

## SHUFFLE BACK, RONDE TURN ½ RIGHT, TOE SWITCHES LEFT & RIGHT & LEFT, MONTEREY TURN ¼ LEFT

1&2      Step left back, step right beside left, step left back  
3      Begin the ronde by sweeping right toe from front to side to back  
4      Continue the ronde turning ½ right ending with a step right beside left  
5&      Touch left toe to left side, step left beside right  
6&      Touch right toe to right side, step right beside left  
7      Touch left toe to left side  
8      Monterey turn ¼ left stepping left beside right

**REPEAT**

**RESTART**

On the 5th wall, dance only the first 16 counts and then restart

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