

Forever Country

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數:
編舞者: Vicki E. Rader (USA)
音樂: I'm from the Country - Tracy Byrd



HEEL GRIND, SHUFFLE IN PLACE, HEEL GRIND, SHUFFLE IN PLACE

1-2 Touch right heel forward with toe pointed left; grind heel to right (toes pointed right)
3&4 Shuffle in place (right-left-right)
5-6 Touch left heel forward with toe pointed left; grind heel to left (toes pointed left)
7&8 Shuffle in place (left-right-left)

SUGARFOOT, MONTEREY TURN, KICK-BALL-CHANGE

9-10 Touch right toe in place pointed slightly left; touch right heel in place with toe pointed out
11-12 Touch right toe to right side; pivot ½ to right on left foot, stepping right foot next to left (with weight)
13-14 Touch left toe to left side; step home on left foot next to right
15&16 Right kick-ball-change

WALK FORWARD, TURN ½ WITH SCUFF, WALK FORWARD, TURN ½ WITH SCUFF

17-18 Step forward on right foot; step forward on left foot
19-20 Step forward on right foot; pivot ½ turn to the right on right foot, scuffing left heel as you turn
21-22 Step forward on left foot; step forward on right foot
23-24 Step forward on left foot; pivot ½ turn to the left on left foot, scuffing right heel as you turn

SHUFFLE FORWARD, KICK TWICE, SHUFFLE BACK, STOMP TWICE

25&26 Shuffle forward (right-left-right)
27-28 Kick left foot forward twice
29&30 Shuffle backward left-right-left
31-32 Stomp right foot twice

GRAPEVINE RIGHT, STEP TOGETHER, "PUMP-N-STUFF" FOOT PUMPS WITH ¼ TURN

33-36 Grapevine right, step left foot next to right (with weight)
37 Pump right foot forward (as pumping the brake pedal in your car, don't touch down)
& Hitch up right knee slightly and pivot 1/8 turn to left on ball of left foot
38 Pump right foot forward again as you set down left heel
& Hitch up right knee slightly and pivot 1/8 turn to left on ball of left foot
39 Pump right foot forward again as you set down left heel
40 Touch right foot next to left (keep weight on left foot)

GRAPEVINE RIGHT, STEP TOGETHER, ½ TURN TOE SWEEP

41-44 Grapevine right, step left foot next to right
45 Touch right toe forward
46-47 Sweep toe wide and to the right, pivoting ½ turn on left foot as you draw a half circle with right toe
48 Bring right foot together with left

REPEAT