

# Forever & For Always

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lawrence Morrison (UK) & Margaret Dunn (UK)  
音樂: Forever and for Always - Shania Twain



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## RIGHT STEP SLIDE, RIGHT CHASSE, ROCK FORWARD & BACK, LEFT KICK BALL CROSS

1-2            Step right & slide left next to right  
3&4           Step right, step left next to right, step right  
5-6           Rock forward on left, rock back on right  
7&8           Kick left foot forward & cross right over left

## LEFT STEP SLIDE, LEFT CHASSE, RIGHT SAILOR, ¼ TURN LEFT SAILOR

9-10           Step left & slide right next to left  
11&12        Step left, step right next to left. Step left  
13-14        Step right behind left, step left to left, step right to right side  
15&16        Step left behind right making a ¼ turn left, step right to right, step left to left

## WALK, WALK, RIGHT SHUFFLE, STEP PIVOT KICK, RIGHT COASTER STEP

17-18        Walk forward right, walk forward left  
19&20        Step right foot forward step left next to right, step right foot forward  
21-22        Step forward left, pivot ½ turn right kick right foot forward  
23&24        Step back right, step back left, step forward right

## SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK BEHIND SIDE TOUCH

25-26        Rock left to left side, rock back onto right  
27-28        Step left behind right, step right-to-right side, step left across right  
29-30        Rock right-to-right side, rock back onto left  
31-32        Step right behind left, step left to left side, touch right next to left

**REPEAT**

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