

# Forever Amen (P)

拍數: 32      牆數: 0      級數: Partner  
編舞者: Peter Simm (UK) & Val Simm (UK)  
音樂: Forever and Ever, Amen - Randy Travis



**Position: Mans steps are written. Man facing outside LOD holding hands, Lady facing inside holding hands. Lady's are opposite steps (starting with rock back on left) except were stated**

## CROSS ROCK RECOVER, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

1-2            Cross rock right over left, recover onto left  
3&4           Step right to right, step left beside right, step right to right side  
5-6           Cross rock left over right, recover onto right  
7&8           Step left to left, step right beside left, step left to left side

## ROCK RECOVER, CHASSE RIGHT ¼ TURN LEFT. ROCK RECOVER, SHUFFLE FORWARD

1-2            **MAN:** Rock back on right, recover on left. Release lady's left hand  
                  **LADY:** Step forward left on left, pivot ½ turn right. Weight on right turning under mans left hand  
3&4            **MAN:** Step right to right side, step left beside right, step right to right side with a ¼ turn left (into LOD)  
                  **LADY:** ¾ Turn shuffle to the right stepping left, right, left

## Release left hand, picking up mans right hand into LOD side by side

5-6            Rock back on left, recover on right  
7&8            Step forward on left, together with right, step forward on left

## STEP ¼ TURN LEFT, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT ¼ TURN LEFT

1-2            Step right ¼ turn left, step together on left, (release hands) turn back to back  
3&4            Step right to right, step left beside right, step right to right  
5-6            Cross left over right, recover on right  
7&8            Step left to left side, step right beside left, step left to left side with ¼ turn left (into RLOD)

## STEP ¼ TURN LEFT, CROSS SHUFFLE, SIDE CLOSE, CHASSE LEFT

1-2            Step right forward turning ¼ turn left, step left beside right, (picking up both hands)  
3&4            Cross right over left, left to left side, cross right over left  
5-6            Step left to left side, step right beside left  
7&8            Step left to left side, step right beside left, step left to left side

**REPEAT**